



# Millfield MESSENGER

Belvedere Road, Thornton Cleveleys, FY5 5DG

Telephone 01253 865929



Issue No 18  
29th January 2021

## Important Dates

**Friday 12th  
February**

School closes for half term, re-opens  
Monday 22nd  
February

**Wednesday 3rd  
March**

Year 7 Parents'  
Evening

## Just a reminder of our school day:

- \* 8am Up, dressed, breakfast and raring to go!
- \* 8:45am Lesson 1
- \* 9:45am Lesson 2
- \* 10:45am Breaktime
- \* 11:05am Lesson 3
- \* 12:05am Lesson 4
- \* 1:05pm Lunchtime: Get fresh air or call a friend
- \* 1:50pm Lesson 5
- \* 2:50pm Recap today's learning.

E-mail [admin@millfield.lanacs.sch.uk](mailto:admin@millfield.lanacs.sch.uk)  
Website: [www.millfield.lanacs.sch.uk](http://www.millfield.lanacs.sch.uk)  
Twitter page @millfieldhighsc #Be  
Exceptional



Dear Parents and Carers,

Well done to you and your children for everything you have achieved so far this term. Completing five hours of learning at home every day requires incredible resilience and determination, and staff are reporting how well your children are doing. We have sent home 650 praise postcards so far – highlighting the exceptional effort and outstanding work from your children!

Please take a few minutes to complete the parent feedback questionnaire on our remote learning provision: <https://forms.gle/jAp5AWBKrsd85yad9>. We are also conducting surveys with the students too, as we seek to continually reflect on and improve our remote learning provision.

The government advised this week that children in England will not return to school until at least 8th March. For our Year 11 parents, it is likely that your child's teachers will be required to submit their GCSE grades; they will only be able to do this based on evidence. Please continue to ensure your child is working hard and engaging in all their subjects and submitting the work requested of them.

Our first virtual parents' evening was a great success. Following the evening, 63 parents completed our survey: 100% said the Galaxy booking system was easy to use and 61 said they preferred virtual parents' evenings to standing in the hall for three hours! A number of parents felt five minute meetings were a little too short and we will look at how we can address this with the time we have.

It is vital that we all continue to look after your child's education and mental and physical wellbeing during these next months. Now more than ever, with the prospect of staying at home, remote learning requires motivation, encouragement and reward – even if it is a favourite family film or treat at the end of every week and we will aim to send rewards out too. The use of Teams enables your child to be connected to their teachers and their classmates. If you or your child have any worries or concerns, do not hesitate in reaching out to us for support; there is always someone at the end of the phone or email.

I miss not having our full team in school but understand that we must continue to follow the Government's guidance to keep everyone in our families, our school and our community safe. Please rest assured that we will continue to keep delivering high-quality lessons and stay connected with you all at home.

I wish you and your families all the very best. Keep safe and keep well.

*N. Regan*

Nicola Regan  
Headteacher

# Be Exceptional!

FOCUSING  
ON PARENTS!

# KEY STAGE 3

You can only do your best!



Try getting out of the house for 30 minutes a day, or just have a walk around the block.



Like your children, try to stick to a routine to help with your sleep and mental health.



Remember, every day is a fresh start. If something didn't work yesterday, try something different today!

If you need any support please feel free to contact me.

Mr. Byrne  
Head of Key Stage 3  
r.byrne@millfield.lancs.sch.uk

Parents and  
teachers  
who work together  
are unstoppable!

Something all us  
homeschooling parents  
need to remind ourselves:

You are worthy  
You are important  
You are special  
You are wonderful  
You are talented

And  
You are doing a GREAT job!



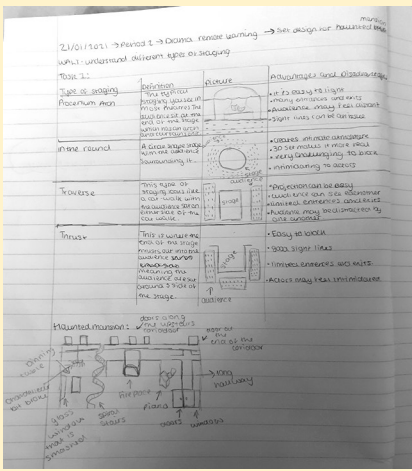
## A Message from Mr. Byrne

We have been hugely impressed with the effort and resilience students in Key Stage 3 have shown since working from home. This has been a challenge for both parents and students. The students have most definitely risen to the challenge by submitting exceptional work in various formats. The teachers are especially thankful for students teaching us a thing or two along the way. Keep up the excellent work!

Please see below for some fantastic examples of their work.

### From Miss Longworth - Drama

An excellent piece of work from Phoebe Clarke in year 8.



This is the outside of a drama maquette set design by Isabella Leach in year 8, excellent work.



### From Miss Higgins - History

I was impressed with Sophie's speech condemning the actions of Charles I. Year 8 have been studying the English Civil War and had to write a speech arguing for or against the execution of the king.

#### Was Charles a Martyr or Tyrant?

Your honour, do you want a man who has turned our normally peaceful country into a battle ground with so many lives lost to rule our beautiful country? Over his reign this cruel and selfish man has tried (and failed) to change our Protestant church into a Catholic one, he has also tried (and failed) to get rid of parliament and so many more un-speakable things he has done to our country.

He introduced old and unfair taxes, such as ship money, when our country was not even at war, when our poor people already don't have enough money to buy a loaf of bread for their children. Charles is gathering taxes to support his own selfish needs instead of our country's. He also tried to change our church into a Catholic church when the whole country is Protestant and caused the needless Bishop's Wars. He ruled without Parliament for 11 years just because they wouldn't grant him money. If this man carries on being King, do you want your children to be ruled like this? He tried (and failed) to arrest five members of our good Parliament who are fair and just in leading the country with barely any evidence at all.

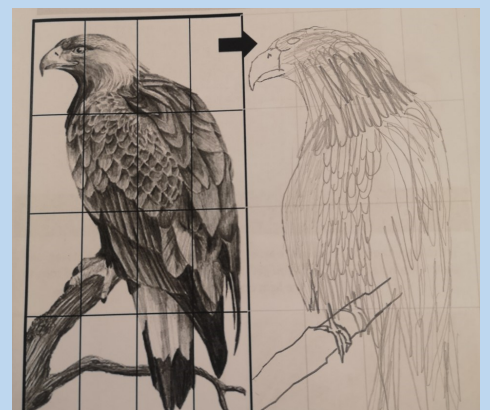
Your honour, this man right in front of you, caused the English civil war which tore our county to shreds when he should have been focussing on more important things and co-operating with his parliament. This man has taken away so many good lives on both sides of the battles, and instead of getting his army trained and in protective armour, he focussed more on how they looked. I implore you, this man has committed treason, caused the death of so many of our people and tried to change our good country. This man should be killed.

### From Mrs. Devaney - Art



Excellent art work from Mason Hatch.

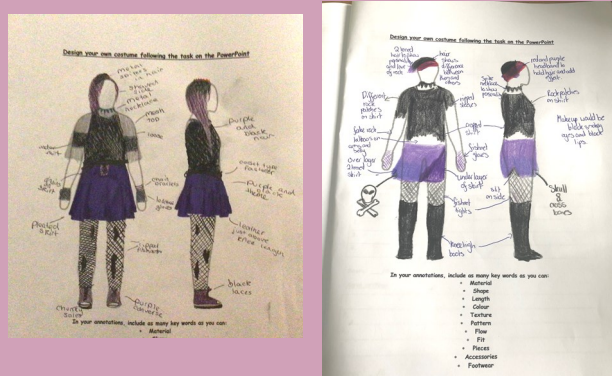
Harrison Whittaker Holmes has done an excellent job trying to keep the proportions correct when drawing this bird. Well done!



**Exceptional Students!**

### From Miss Longworth - Dance

Here is some outstanding work from Evie Jones and Holly Walwyn: Year 8 dance based on costume design for the musical We Will Rock You.



### From Miss Higgins - History

Here are two amazing history assessments, from Josh Wilson and Phoebe. They had to analyse two different interpretations of the British Empire and explain why the authors had different views. These are superb!

#### Task 2

Do the interpretations support the view that the British Empire is something we should be proud of?

Niall Ferguson holds the view that we should be proud of Empire and it is something we should support. In source 1 it says "the British Empire acted as an agency for relatively incorrupt government... there therefore seems a plausible case that empire enhanced global welfare- in other words, it was a good thing. I know the Empire was positive because by 1900 in India the British had improved trade from 2%-20%. I also know that they introduced parliamentary democracy in Australia. The source was written by Niall Ferguson who probably holds this view because he is from white, British educated background, whose family generations ago probably benefitted from Empire.

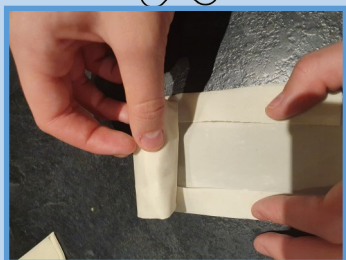
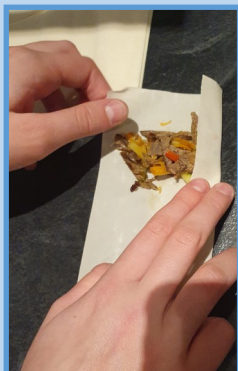
Will Dalrymple's view, however, does not support the view that Empire is something to be proud of. In source 2 it says "The EIC operated purely for shareholders' profit - it wasn't there to win votes or help people when things went wrong. I know that the EIC was a British company. I also know in 1899, there was a series of famines because of the change from 'crop to cash', 5 million people died and the British were poor administering relief. The source was written by Will Dalrymple and they probably hold this view because he has focused more on India which had a lot more negatives than positives during the Time of Empire.

Overall, the sources disagree about Empire because they are written by different people with different views on the world. Both sources have different views because one person will have benefitted more from Empire and the other has studied a more sensitive period in history and the Empire.

Josh, an Exceptional piece of work. You have covered authorship, knowledge and the content of both sources well. Well done 😊

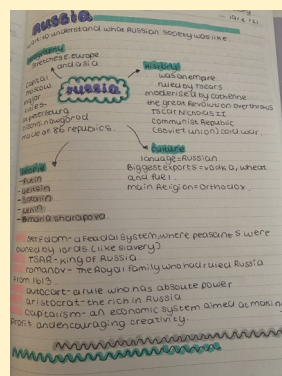
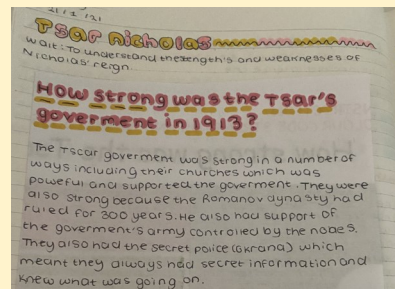
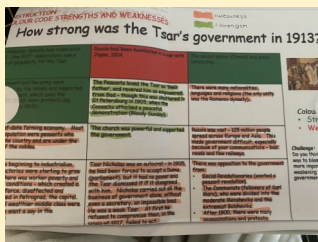
### From Miss Norman—Food Technology

Emily Draper in Year 8 has sent a step by step guide to make spring rolls. She made vegan and beef ones.



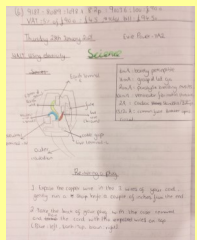
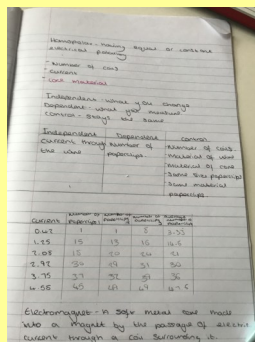
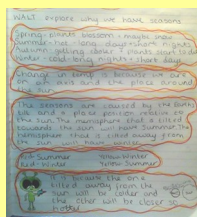
### From Miss Higgins—History

Here is some beautifully presented work by Sammi Cheng - her focus was how strong is the Russian Government.



## From Miss Sharp - Science

### Excellent work from Emily Hume, Evie Power, Holly Walwyn, Olivia Clueit and Hattie Wade.



## From Miss Holden - English

Rhetoric  
Walt: understand what pathos is and why it's persuasive.

**Do it now**

- Analogy** - comparison between one thing and another based on a resemblance of something. In his analogy, the poet compared life to a box of chocolates.
- Thesis** - an idea or theory maintained, logical and discussed. The lab results proved the scientists thesis.
- Conclusion** - to make something. To form a piece. You will need to construct a plan for your essay.

1. Exclamation  
2. Statement  
3. Question  
4. Command

Focus	Topic
Convince your audience you are trustworthy	Include facts
Show you care	Use analogies
Show you are a good person	Construct logical arguments

This leaflet says 'Can't stay at your place for a while?'. When you read this, it is like the dog is saying it. This creates a sense of pathos because seeing a picture of a cute dog in need and asking the reader a question makes you feel in awe and compassionate. The picture of the dog also makes you feel sympathetic and sorry for the dog because it has to go where to go.  
On the advert it says 'do you have a big enough heart to help?'. This makes you sway towards fostering a dog because you want to feel you have a good heart.  
This poster also has a logo, email and number on or further details. From this, I get the impression that this is a proper organisation and that the organisation is reliable.

Excellent analysis, Olivia! Now try to speculate so that you offer more than one interpretation.

A great piece of work by Olivia Clueit—8A1

## From Miss Copping - R.E.

Claudia Greenwood—7A1 has done some phenomenal RE work this week, showing lots of research in her own time which she talked about in the chat. Well done!



## From Miss Norman - Art



An excellent close up sketch by Kalem Parsons.

# What's Happening in English?

The English Department continue to be incredibly impressed by the quality, and indeed quantity, of work that is being uploaded to teachers.

Year 7 have been learning all about language change and have shared some very interesting slang words with us! They've also been considering just how acceptable Americanisms are in modern day Britain. Do you mind people taking the 'elevator' rather than the lift or eating 'candy' rather than a bag of sweets?

Year 8 have been fine tuning their skills of persuasion so beware...they're very good at appealing to their chosen audience!

Year 9 have found themselves immersed in dystopian fiction and read some incredibly challenging texts so well done to them!

Our Key Stage 4 students continue to learn more about their GCSE texts – poetry for Year 10 and all of the texts for Year 11! They have been practising both reading and writing skills for language. To keep everyone busy in the next couple of weeks, Miss Brady will be running a creative writing competition for our KS3 students. There will be an engaging writing prompt and the chance to win some great prizes to brighten up the lockdown.

Looking ahead, World Book Day is fast approaching, and the English department are already planning some wonderful things for Year 7 and Year 8 students to get involved with this year. The theme is 'share a story' and we would like our students to do exactly that, however, there will be a twist! So, if you have a budding chef in the family, who also happens to be a bookworm, then the challenge we have created will be just the thing for them. Keep your eyes peeled over the coming weeks for more news about the activities we have lined up.



# KEY STAGE 4

Students in Years 10 and 11 have worked really well over the last two weeks. It is great to see such a high percentage of students attending all of their lessons every day. It is wonderful to note that we have sent home over 300 Star Student postcards to Key Stage 4 students. They are showing such resilience and fortitude in these strange and challenging times and are a credit to you and their teachers.



Last Wednesday all Year 11 students were lucky enough to watch a presentation from Blackpool and Fylde College about everything the college has to offer and how to apply to the college. Students asked some really insightful and interesting questions and I'm sure everyone gained a lot from it.

Last Wednesday also saw our first every Virtual Parents' Evening. It was very well attended and we hope you found the process smooth and the appointments informative.

Next Tuesday at 3pm there will be a presentation from Peter Wright about the Excellence Programme at Blackpool Sixth. I have already emailed parents of Key Stage 4 students about this. If you would like your child to attend this and you have not already signed them up, please email me their names – [c.gower@millfield.lancs.sch.uk](mailto:c.gower@millfield.lancs.sch.uk)

## YEAR 10

During next Wednesday's PSHE lesson, Year 10 students will take part in a resilience workshop with Blackpool and Fylde College. They will receive an email invitation to join the Teams meeting and should therefore check their school email for this before Wednesday morning.

## YEAR 10 and 11

There will be further presentations from Blackpool Sixth form for both Year 10 and Year 11 students. These have been arranged for Year 10 on 24<sup>th</sup> February and Year 11 on 10<sup>th</sup> March. Further information will follow in due course.

I would urge you to keep an eye on your emails and the school's Twitter page for information about the various virtual events taking place at the different colleges. These are useful for both Year 10 and Year 11 students. Please keep encouraging Year 11 students to apply to their chosen post-16 courses.

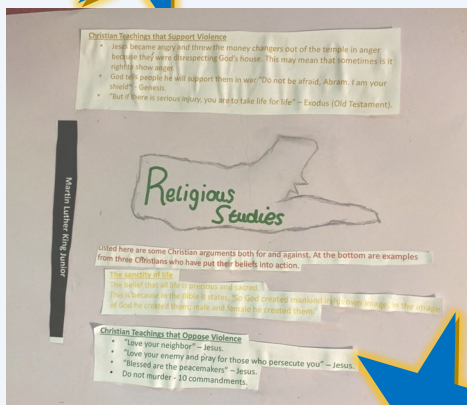
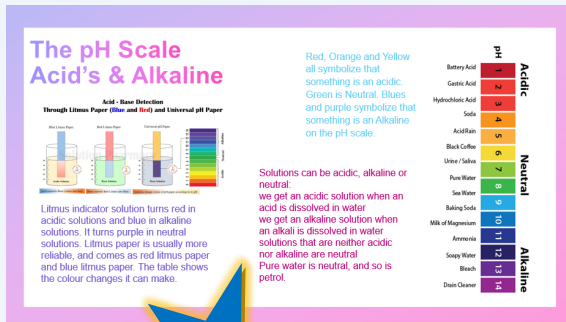
As ever, feel free to get in touch if you need any further guidance or support.

Miss. Gower  
Head of Key Stage 4

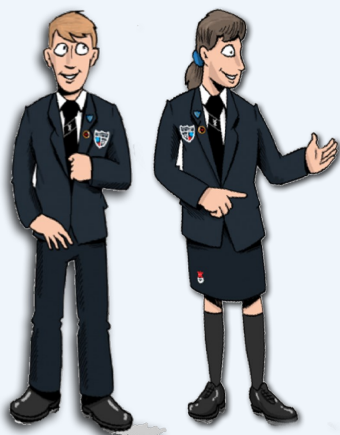


## Excellent Knowledge Organisers

Lacey Crouch, Year 7 has produced this great revision resource for the pH scale, she is working well in Science.



Alyssa Hellawell, Year 8, has produced this excellent knowledge organiser for R.E. Well done!



*Make a Difference*



## Time to get growing!



Now is the time to start thinking about growing your own food. If you have an indoor room, a greenhouse, or an enclosed shelving unit to grow plants in, then you're set. If not, I utilise all my window sill space (much to my husband's annoyance - although my mum bought me a mini greenhouse for Christmas!) until I can plant them outside. If you don't have a garden, don't think that rules out your very home homegrown fruit and vegetables. Plant pots, wall baskets, fence baskets, etc. can all be used. Just use what you have and you'll be surprised at what you can grow.

This month you can start to prepare for the growing season by making sure you have pots, compost, and seeds. The first things you can start to grow are:

- ♦ Aubergines - these can be sown indoors, so this is where the windowsills, greenhouses, and conservatories come into use.
- ♦ Tomatoes - these seeds can now be sown if you have a warm greenhouse. The rest of us will have to wait until March or April.
- ♦ Chillies - you can also start to sow these indoors too.
- ♦ Cucumbers - these can be sown in the second week of February indoors too.

You always get a lot of seeds in packets (and you don't have to buy the expensive brands either). If you don't want your house to turn into the Kew Gardens then don't sow all of them. Check the back of the packet as many seeds can be kept for a couple of years.



**Happy growing!**

**Succeed in Maths working from home...**

**Online Practice Papers**  
Students can access online practice papers; these provide students with instant feedback.

Higher	Foundation
Paper 1: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-1-higher-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-1-higher-prediction/</a>	Paper 1: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-1-foundation-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-1-foundation-prediction/</a>
Paper 2: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-2-higher-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-2-higher-prediction/</a>	Paper 2: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-2-foundation-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-2-foundation-prediction/</a>
Paper 3: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-3-higher-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-3-higher-prediction/</a>	Paper 3: <a href="https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-3-foundation-prediction/">https://www.onmaths.com/mock_exams/ede_xcel-2020-november-paper-3-foundation-prediction/</a>

Other useful websites include:  
<https://studymaths.co.uk/>  
<https://www.mathsgenie.co.uk/>  
<http://www.mrbartonmaths.com/students/>  
<https://www.bbc.co.uk/bitesize/>

# Thank you!

Another big thank you to North Fylde Rotary Club for their kind donation of food hampers to help our families. Our families are truly grateful for their support, as are we.

**Rotary** 

**Keeping apart. Keeps us safe.**

Social distancing is still important for all of us.

**STAY ALERT  
CONTROL THE VIRUS  
SAVE LIVES**

## REMEMBER TO TAKE PART IN OUR SURVEY



### QUICK SURVEY

<https://forms.gle/jAp5AWBKrsd85yd9>

## REMINDER ABOUT FACE COVERINGS



Wear one for EVERYONE


# Teaching and Learning Tip

Week commencing: 25/01/21

Whilst completing remote learning it is important to maintain high expectations and standards. With a clear routine, encouragement and motivation students should continue to perform at the level we know they are truly capable of.

Top tips to be successful:

1. Take down notes - watching a video but struggling to focus? Taking down notes keeps your mind engaged. Give your notes a clear title to keep them organised.
2. Maximise your time - If you just have a list of things to complete within a lesson, break it down into small tasks and plan to do the hardest ones when you have the most energy. At break and lunch time, leave your study area. Get fresh air if you have an outdoor space. Call your friends.
3. Reduce distractions – Focus and behave as though you are at school. Follow the same expectations for good learning behaviour that your teachers expect from you. Shut your phone away during lesson time if you need to. Subscribe to free productivity apps as well. These are great study companions so you can focus 100%.



## Take Note!



# Stay Safe



**SAVE the DATE**  
**Safer Internet Day**  
**2021** | Tuesday  
 9 February  
[www.saferinternetday.org](http://www.saferinternetday.org)

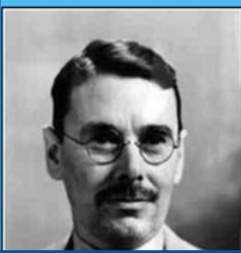
European Commission | INHOPE | ins@life

<https://www.saferinternet.org.uk/safer-internet-day/2021>

To recognise Safer Internet Day we would normally have some activities in school and an assembly on the given theme which this year is "An internet we trust: exploring reliability in the online world". There is more information about this and some age appropriate activities on the link above.

Whilst the theme is obviously very important, I thought that, given the current circumstances where lots of people are struggling, a theme of "be kind" would be more appropriate. Below are some screenshots of an assembly that we deliver to the students regarding social media and the negative effects it can have. I have included some brief notes that you may want to discuss with your child...

## In the good old days...

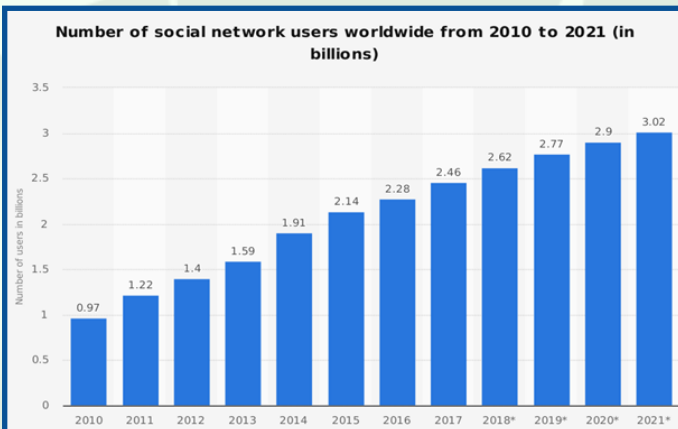


In every age 'the good old days' were a myth. No one ever thought they were good at the time. For every age has consisted of crises that seemed intolerable to the people who lived through them.

Is there somebody in your family who always says, "when I was young..." or talks about the past being better?

What things weren't better in the past?

## Not everything was better...



The number of social media users (in BILLIONS!) has continued to rise. What are the good and bad things about this?





*Be Exceptional!*

