



# Millfield MESSENGER

Belvedere Road, Thornton Cleveleys, FY5 5DG

Telephone 01253 865929



Issue No 23  
7th May 2021

## Important Dates

**Monday 17th May**  
Revision week - Year 7

**Monday 24th May**  
Test week - Year 7

**Friday 28th May**  
Year 11 Leavers' Morning  
School closes for half term

**Monday 7th June**  
School re-opens

### Lateral Flow tests to be carried out:

- Sunday 9th May
- Thursday 13th May
- Sunday 16th May
- Thursday 20th May
- Sunday 23rd May
- Thursday 27th May

### REMEMBER

If your child tests positive on a Covid lateral flow test, or a PCR (laboratory) test, please notify the school on [admin@millfield.lancs.sch.uk](mailto:admin@millfield.lancs.sch.uk).

Thank you.



Email [admin@millfield.lancs.sch.uk](mailto:admin@millfield.lancs.sch.uk)  
Website: [www.millfield.lancs.sch.uk](http://www.millfield.lancs.sch.uk)  
Twitter page @millfieldhighsc  
#BeExceptional  
#TeamMillfield



Dear Parents and Carers



This year we are placing a focus on improving our students' independent revision skills, from Year 7 and across all year groups students will have a revision week followed by a test week. The teaching and learning team will provide guidance on how students can revise; this will include the revision skills which have been proven to work best. Teachers will also be explicitly teaching revision skills in lesson time; we believe that this will help our students when they get to their GCSE year because revision skills and revision routines will be firmly embedded. I would kindly ask that our parents get involved with helping their child to revise and if you have any queries do not hesitate to contact us.

The senior leadership team are now beginning to plan for September: our Year 9s have chosen their options and we are planning for a return to 'normal' school, so your children will be able to have full access to specialist equipment, such as IT, art and science! We are also upgrading our current IT facilities, our music room, our art room, our canteen facilities and our assembly hall, so the students will be amazed by the improvements when they are able to go back into these areas of school!

Mrs Devaney, our art teacher, is running a national competition launched by the Royal Mail, which gives 4 to 14 year olds the chance to design their very own stamp featuring a 'hero of the pandemic'. It would be fantastic if we could receive as many entries as possible from our talented artists!

A special mention must go our exceptional Year 10 girls: Emily, Ella-Rae, Hannah and Isobel who raised an incredible £700 on their sponsored walk. They received a lovely write-up in the Blackpool Gazette. We are all super-proud of them all!

As ever, I have been continuously impressed by your children's exceptional efforts in school; their attitude to learning is a daily joy to see. Over the last week, we conducted covid-safe fire drills with all year groups, so students all know what the fire alarm sounds like, how to get safely out of the building and where to stand. Every year group has done this calmly, quickly and their behaviour has been outstanding.

Best wishes,

*N. Regan*  
Nicola Regan  
Headteacher

# Be Exceptional!



# KEY STAGE 3



## LifeSkills

Created with  BARCLAYS

We have had a really good start to the summer term, with pupils returning after the Easter break focussed and ready to learn. In line with Government recommendations, and to continue to keep everyone safe, pupils are still working in zones. Year 7 have really enjoyed being based in the maths block – We all feel that this has really helped them to settle into life at high school, following a disrupted time in Year 6.

Last week students in Key Stage 3 have been having an online talk from Barclays Life Skills Programme, who have given them a brief introduction, as it aims to help all people in the UK, whether that is a young person developing skills and preparing for their first job, to someone wanting to progress in their career, make changes to their working life or even start their own business. These talks about banking at an early age really help our young people to learn valuable life skills.

Mr Byrne  
Head of Key Stage 3

**Remember!**

<b>Year 7</b>	<b>Revision Week</b> <b>17/05/2021</b>	<b>Test Week</b> <b>24/05/2021</b>
<b>Year 8</b>	<b>Revision Week</b> <b>21/06/2021</b>	<b>Test Week</b> <b>28/06/2021</b>
<b>Year 9</b>	<b>Revision Week</b> <b>14/06/21</b>	<b>Test Week</b> <b>21/06/2021</b>



# KEY STAGE 4



Key stage 4 students have had another successful fortnight. On Thursday, Year 11 students attended an assembly presented by the National Citizenship Service. This is an excellent scheme available to all Year

11 students and runs over four weeks during the summer. Your child has been provided with information about how to apply for this and further information can be found on the NCS website: WHAT IS NCS? - National Citizen Service (wearencs.com)

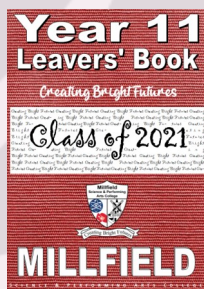


Over the last week we short-listed candidate applications for the senior student roles. We received a record number of applications and the quality was very high. Choosing just ten students to go forward to presentations and interviews was a difficult task. These students will present their ideas to Year 7 on the 19th May and this will be followed by an interview. I am confident that the new senior student team will be excellent.

## Our 2021 Leavers

Year 11 will soon leave us after five years. They have worked incredibly hard, particularly over the last few weeks and we are all

looking forward excitedly to the activities planned for their Leavers' Day celebrations on 28th May. These include dodgeball and rounders games, a climbing wall and a Batak machine, festival style face painting and an ice cream van. There will be music and a barbecue along with the leavers' book and what promises to be a very emotional leavers' assembly. More details about timings for the day to follow next week.



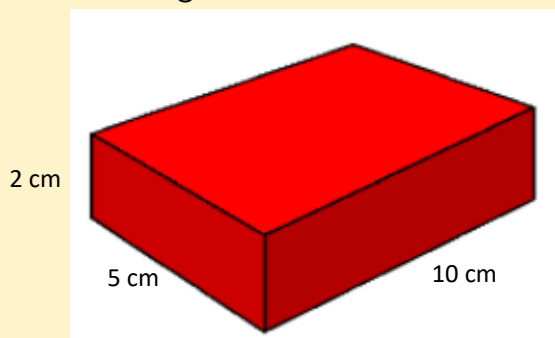
**Remember!**

<b>Year 10</b>	<b>Revision Week</b> <b>7/06/2021</b> <b>(plus half)</b>	<b>Test Week</b> <b>14/06/2021</b>
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## Deputy Headteacher's Maths Challenge

### Cuboids

The surface area of a cuboid is calculated by adding together the areas of each of the 6 rectangles:



Area of Top =  $10 \times 5 = 50 \text{ cm}^2$

Area of Front =  $2 \times 5 = 10 \text{ cm}^2$

Area of Right Hand Side =  $2 \times 10 = 20 \text{ cm}^2$

Since opposite sides of the cuboid are the same size, they will have the same area.

For this cuboid the total surface area would be:

$$2 \times (50 + 10 + 20) = 160 \text{ cm}^2$$

How many different cuboids can you find (with edges of whole number lengths) that have a surface area of exactly  $100 \text{ cm}^2$ ?

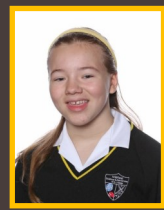
Can you find them all?

Can you explain how you know they have all been found?

Please email your solutions to:

[b.humphreys@millfield.lancs.sch.uk](mailto:b.humphreys@millfield.lancs.sch.uk)

There will be a prize for the solution with the clearest explanation, which will be published in the next edition of the Millfield Messenger.



### HOT CHOCOLATE WITH THE HEADTEACHER

#### Year 8

- Olivia Clueit
- Georgia Hale
- Harri Cookson
- Maria Seddon
- Dylan Banks
- Alyssa Hellawell

All of the students have been nominated by Miss Holden for their most effective Knowledge Organiser.

*Be Exceptional!*

## HOT CHOCOLATE WITH THE HEADTEACHER

Year 7

- Bethany Eastwood
- Jessica Parker
- Katelyn Laird
- Lewis wright
- Erika Woodward
- Seth Muckelt
- Lily Whitworth

All of the students have been nominated by Mrs. Hill for their excellent work in Music.

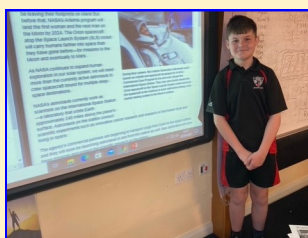
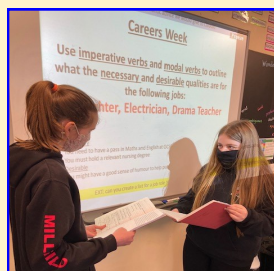
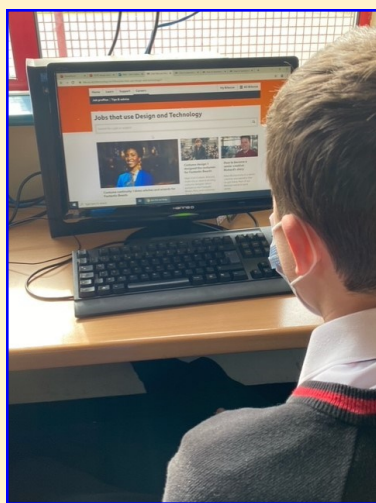
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## Careers Week

From 26th to the 30th April, we hosted our very own 'Millfield Careers Week'. Students took part in live virtual life skills sessions with representatives from Barclays Bank. Students also learnt about Labour Market Information (LMI) and found out about careers linked to different subject areas.

Thank you to all Year 9 form tutors for helping to host the Victrex - Science, Technology, Engineering and Maths (STEM) myth-busting session. Also, a big thank you to all staff involved in the careers week. There were some excellent lessons.

Our commitment to careers education continues with Year 9 students learning about Local Labour Market Information from our Careers Advisor, Hayley Arthur. This week Year 9 have been learning about the different career opportunities in the local area. Year 8 students are finding out all there is about careers in the RAF and Year 7 will be learning about opportunities in the Army. All these careers activities are in place to help young people have the information they need to make informed choices about their future careers.



## Teaching and Learning Tips

Welcome to the teaching and learning tips for summer term. This term we will focus on techniques to improve memory recall and suggest strategies to support effective revision. This is to support our students as they prepare for their upcoming test week. Key stage 3 students have a revision and test week this term and key stage 4 students should be developing good study habits to learn and remember more in preparation for their final examinations or assessments.

Revision strategy 1: Revision cards

Create simple diagrams, word prompts or visual aids, showing your subject topics on cards. Put them up around the house or in your bedroom so that you are constantly reminded of your learning.

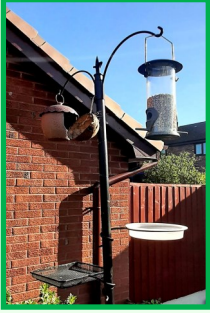
You can colour code your cards for different topics to help you brain store the information more effectively.

To make printable revision cards:

- ◆ Open Microsoft Word and select a new blank document.
- ◆ Click Layout Tab, this is going to allow you to resize the page into a suitable flashcard size. Select Orientation: Landscape.
- ◆ In Layout/Size, select 4"x 6" size. This will give you the perfect size for printable flashcards.
- ◆ Type out what you want the card to say and press Ctrl + Enter to create a new card.



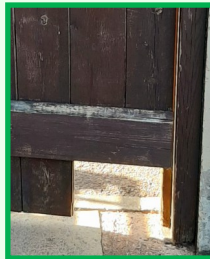
# Helping the Environment



With the arrival of spring it's time to think about how we can help wildlife in our garden. There are lots of things you can do, but you don't have to do them all. Even if you only have window boxes you can still do small things to help.

The type of flowers you plant can help pollinators and foragers. We have plants that are very popular with different types of bees and butterflies, such as lavender, and flowering bushes and trees. We also have fruit bushes which help pollinators and then foragers, such as birds, once the berries have appeared. Other plants to consider are daisies and dandelions, which are very good for pollinators, although are often removed by regular mowing. To help this you could mow a little less often or not cut the lawn as short. We have an area behind the children's trampoline that we leave to grow and the rest is cut as a proper lawn.

All these animals need homes and habitats, and as well as bird boxes and insect houses, consider making a small hole that allows hedgehogs to enter and leave your garden. Their numbers are struggling at the moment, so anything we can do to help goes a long way. We now have a resident hedgehog living in one of our cat huts, and we've let her stay (but make sure your pets receive regular flea treatment). Don't despair if birds don't take residence in your bird house, as other animals will take advantage. It turns out our bird house is in the wrong place (too windy and south facing) but bumblebees have made it their home instead.



These bees also need a supply of water but are at a risk of drowning in dishes and bird baths, but we can overcome this by placing pebbles in a shallow dish, providing the bees with stepping stones to drink from.



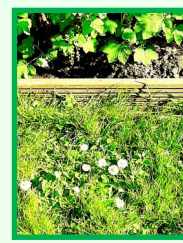
instead. These bees also need a supply of water but are at a risk of drowning in dishes and bird baths, but we can overcome this by placing pebbles in a shallow dish, providing the bees with stepping stones to drink from.

Borders can be planted with spring bulbs, providing a great habitat for wildlife, and I've noticed it also reduces the need for weeding (until the bluebells and tulips die back at least).

There are lots more things you can do to help with lots of advice on websites. So whether you plant some lavender in your window box, or leave the lawn for a couple of days longer, thank you for helping the wildlife.



Mrs. McCaffery



## Excellent Knowledge Organisers

Well done to our Year 7 students: Jack Bailey, Holly Linacre, Caitlin Talbot, Lily Podesta, Taylor Dias, Lily Burn and Lily Hewitt for producing some fantastic revision resources.

The collage displays several student-made knowledge organisers:

- Science:** Notes on 'Evolution' and 'Relationships' with diagrams of biological processes.
- Geography:** A map of Europe with labels for 'UK', 'France', and 'Germany', and a section on 'Physical Features'.
- History:** Notes on 'The Battle of Agincourt' and 'The Hundred Years War'.
- Other Subjects:** Notes on 'Dance', 'Music', and 'Art'.



# Pastoral and Wellbeing



## LGBTQ+ glossary for parents

The world is a very different place to what it was 20 years ago and it seems to evolve at an ever increasing pace. There are so many new terms that you may not feel confident in using. We have added [parentinfo.org](http://parentinfo.org) to our school website to give you information on a range of topics. In this edition of the Millfield Messenger I thought I would share the following, to support parents when talking about LGBTQ+ as the terminology of gender and sexuality changes so fast that finding the right words can be a minefield. This glossary is designed to get you started.

### What does LGBTQ+ mean in the first place?

LGBTQ+ stands for lesbian, gay, bisexual, transgender and queer (or questioning) and others. You might also see it written as LGBTQA, with the A signifying either ally (i.e. supportive) or asexual.

All the variations on the acronym refer to a community of people who share some experiences:

- ◆ Bisexual (or bi) – someone who is attracted to their own gender and another.
- ◆ Coming out – the process of accepting one's own sexual orientation or gender identity and/or sharing it with others. It is possible to be 'out' to yourself, to everyone or only to certain people – for instance, some people choose to come out to their families and friends but not their teachers or co-workers.
- ◆ Gay – someone whose attractions are exclusively or almost exclusively same-gender. While anyone can identify as gay, the term tends to be associated more with men than with women (who may also identify as lesbian).
- ◆ Gender binary – the system of dividing gender into two distinct categories, male and female. Someone is binary-identified if they feel comfortable categorising themselves as one of these two options and non-binary identified if they do not (e.g. a transgender man who keeps his original – female – name and doesn't live completely as a man or woman).
- ◆ Gender nonconforming – a person who behaves or identifies in ways considered atypical for their gender.
- ◆ Genderqueer – sometimes used to describe people with non-binary gender identities.
- ◆ Pansexual – a person who is attracted to all genders. Some people prefer the term pansexual to bisexual because pansexual does not assume a gender binary.
- ◆ PGPs – Stands for preferred gender pronouns. Examples include she/her/hers, he/him/his and they/them/theirs. Some people might prefer a mix of pronouns and increasingly some people are using less traditional gender-neutral pronouns like zie or hir.
- ◆ Queer – One of the most complicated terms on this list! Queer is often used as a synonym for LGBTQ+, or as an umbrella term for the entire community. Some LGBT people also use it to describe their own sexual orientation. But it's important to note that queer was once considered a derogatory term for LGBT people. Many people within the community think the word has been reclaimed, but it may still be offensive to some – especially people from older generations. It's one of those words that it's easier for people inside the community to use than outside it. It's probably best not to describe someone as queer unless you're sure they are comfortable with it.
- ◆ Transgender (or trans) – Typically refers to anyone whose gender identity does not align with their assigned sex and gender at birth. Some trans people are binary-identified, others are not.

LGBTQ+ people won't all feel exactly the same way about every word on this list, so it's important to be sensitive. For parents, it can be confusing or difficult when your child identifies in a way you don't fully understand – but the most important thing is to emphasise that you love and respect them unconditionally.

**Mr. Deaville - Assistant Headteacher in charge of Behaviour and Safeguarding**



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