



Issue No 52
27 January 2023

**DATES FOR
2022/2023**

Oxford Talk
3rd February

Musical - Primary
matinee and 7pm
performance
7th February 2023

Musical - 7pm
performance
8th February 2023

Close for half term
10th February 2023

School reopens
20th February 2023

Celebration of Music -
Winter Gardens 6:30
6th March 2023

Careers Fayre Day -
8th March 2023

March Mocks - Yr11
Core Subjects
13-17th March 2023

E-mail admin@millfield.lancs.sch.uk
Website: www.millfield.lancs.sch.uk
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#BeExceptional



Millfield MESSENGER

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Telephone 01253 865929



Dear Parents and Carers

Our Year 11s have just received their mock examination results and predicted grades; their predicted results are some of the best we have seen at this stage of the year. This is due to a combination of excellent teaching; your continued support; their resilience, determination, behaviour and work ethic. Over 95 students were awarded certificates of achievement from their subject teachers, which is exceptional! I am incredibly proud of them; they are a fantastic year group! For those who have not yet achieved the grades they hoped for, there is still plenty of time to revise and students must attend after-school intervention when directed. We look forward to seeing all parents and carers at the second Year 11 progress evening of the academic year - an important event where you can discuss how to help and support your child in these last few months of school.

Our Year 10s were superb on their mock interview day last week. The day gave them the opportunity to step out of their comfort zone and have a taster of being in an interview situation. The students really stepped up to the mark, and some came dressed in office wear; sometimes I thought we had a new teacher in school because they looked so professional and grown-up walking down the corridor! The local employers and colleges who gave up their time to help our students said the Millfield Year 10s were exceptional in their confidence, behaviour and they also commented on their beautiful manners. A huge well done to our Year 10s; we are so proud of you.

We also received two attendance awards last week: Team Millfield's attendance for the autumn term placed us in the top 10% of schools nationally! This is an incredible achievement and highlights the result of our collective effort - when we work together as school and home, it helps our children to understand the importance of not missing out on vital learning. I believe it also exemplifies our school saying: "If you love school, you attend school!"

The summary and actions from the parents' forum, held in December, can be found on page 3 of this *Messenger*. We work really hard to ensure any parental concerns or suggestions to improve our school are listened to and discussed. As always, if you have any worries, concerns, or suggestions, email my PA admin@millfield.lancs.sch.uk and they will be addressed by a member of our team.

Follow us on Twitter, the only whole-school social media we use, where we celebrate our students and remind parents of upcoming events; you can follow us at @millfieldhighsc.

Best wishes

N. Regan
Headteacher

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KEY STAGE 3 UPDATES

Year 8 worked excellently during silent week and we have had a lot of positive feedback from students regarding the improved quality of their learning. The main focuses over the next couple of weeks for year 8 will be homelearning and continuing silent week in their lessons

Miss Miller-Crook - Progress Lead Year 8

With year 9 choosing GCSE option subjects this year, we are starting the process by having local colleges into school to take assemblies, and career interviews have also begun.

Let's keep our attendance up, expectations high and have another good term.

Mrs Clare - Progress Lead Year 9

KEY STAGE 4 UPDATE

Key Stage 4 students are continuing their successful return to school after the Christmas holidays. Following their mock exam results assembly, Year 11 have been working hard to get even better results in the summer. They are working on revision skills and strategies during form time and a record number of students attended supervised study last week. Please remember that this runs every Wednesday from 2.50 – 5pm and is an opportunity for students to do some additional supervised revision. All Year 11 students should now be revising on a nightly basis and should also now have applied to college.

A special shout out should go to our **Senior Student Team** who have spent this week's lunch times putting up the aspirations photos which look brilliant.

On Wednesday 18th January, Year 10 students took part in Mock Interview Day, partly in preparation for their work experience. The students were amazing. Many of them had dressed themselves in smart working attire for the day and looked very professional. All of them conducted themselves admirably and several of the interviewers commented on how confidently and politely students presented themselves. A big congratulations to all of them and a rewards assembly will be held on Friday 27th January to celebrate their success.

Miss Gower

Head of Key Stage 4

Many thanks to all the parents who took time out of their busy schedules in the run up to Christmas to attend our **Parent Forum**.

Mrs Regan explained all the ways in which the school catch-up funding was spent last year and how we are using more funding this year to support students across various subjects in the curriculum in order to fill any gaps in knowledge caused through Covid and lockdowns.

Parents reported some teething troubles with **Synergy**. To alleviate these, we have held an after-school session for parents to answer some of their frequently asked questions. In addition, there will be more staff training in school and we are looking into online submissions of home learning on Synergy.

Other teething troubles were discussed about our online Maths home learning and to alleviate these minor problems, Mrs Hall (our Head of Maths) included a video link in the last issue of the Messenger.

Our rewards systems were also discussed, and parents were reassured that our student voice indicates that the students do like our current system. Parents also asked about our test weeks, and it was explained that our calendar for test weeks is now on the school website. Some parents also wanted to have more help with navigating the careers information and there is now a help sheet on the school website.

Road safety was discussed at length and various suggestions about the safety of those coming to school on bikes were considered. We will be launching a bike safety initiative in the autumn term, and we are working on organising some basic bike maintenance for those students who choose to cycle to school. Parents are also reminded to park safely at the start and end of the school day to keep all our students safe.

PARENT FORUM

Think Cambridge Webinars

When: January to February 2023

Where: Online

What: A series of webinars to inspire Year 11 and 12 (or equivalent) to apply to Cambridge

More information and how to apply:

<https://www.undergraduate.study.cam.ac.uk/events/think-cambridge>



Mock Interview Day



On Wednesday 18th January we held our Mock Interview Day for our Year 10 students. Staff from HSBC, Virgin Money, Victrex, NHS, Army, Blackpool & Fylde College and Blackpool Sixth spent the day interviewing our students. The positive feedback from the interviewers was incredible and they said the students were a credit to our school. All students who took part should be extremely proud of themselves. Interviewers said that all students were really polite and they were impressed with the variety of interests that students had.

Well Done! We will have a celebration assembly for Mock Interview Day where Star Students will receive a reward on Friday 3rd February.



Teaching and Learning Update

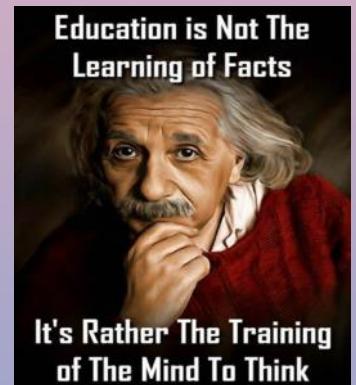
Here at Millfield, we strive to ensure that all our students achieve highly, and that challenge lies at the very heart of our curriculum.

Teaching staff work hard to ensure students remember more for longer by employing Teaching and Learning strategies such as **Metacognition, Retrieval, Challenge, Scaffolding and Interleaving**. Heads of Departments continue to adapt their schemes of learning to interleave their curriculum to allow students to revisit topics regularly throughout their time at Millfield, enabling them to remember more for longer.

Interleaving involves sequencing tasks so that the topics we teach are spread over the scheme of learning with slightly (but not completely) different content or activities. This means that students will cover previously covered topics regularly but in different context. Using interleaving is thought to assist the drawing of comparisons between related but discrete items of learning. When completing a series of related activities, pupils may refine their ability to select the more appropriate method for answering certain types of questions.

An example of this would be a Computer Science teacher teaching programming to students. Students learn different programming languages throughout their time at Millfield but teaching programming fundamentals alongside the language and revisiting problems solved in one language before solving problems in another, allows students to apply the knowledge they have to solve different problems in different languages.

If you would like to find out more about Interleaving here at Millfield, please do not hesitate to contact the Teaching and Learning team who will be happy to discuss this with you.



DATES FOR 2023

Year 11 NEA Food Exam 20th - 24th February 2023

Celebration of Music - 6th March 2023

Career's Fair Day 8th March 2023

Year 11 March Mock Exams 13th March - 17th March 2023

Year 7 Progress Evening 22nd March 2023

Year 9 Options Evening 29th March 2023



Well Done



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HOT CHOCOLATE WITH THE HEADTEACHER

Dakota Higson	11 R9 GHI
Caitlin Hornsby	11 B10 GLA
Phoebe Ritchie	11R10 LKY
Carys Rawlinson	11 B9 CAL
Curtis Longmire	11 R9 GHI
Lexie Osgood	11 S10 CSH

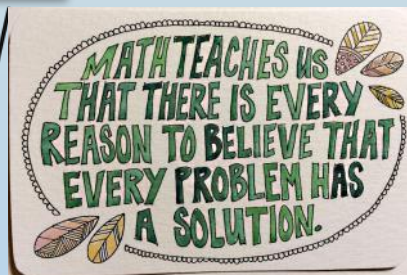


Be Exceptional!

All of the above students have been nominated by the Drama department for their excellent work in Drama

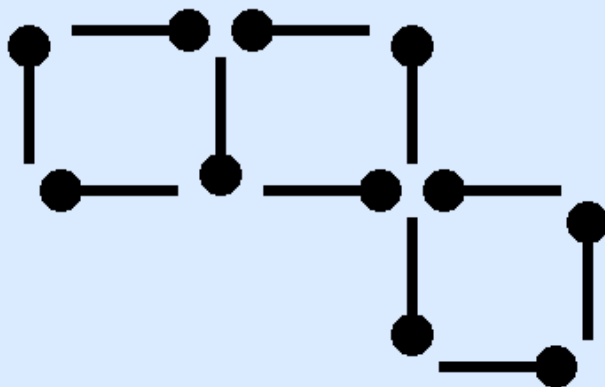


Deputy Headteacher's Maths Challenge – A Perfect Match Puzzle



In this diagram 11 matches make 3 squares.

Your challenge is to move 3 matches to show 2 squares.



Please email your worked solution to Mr Humphreys - b.humphreys@millfield.lancs.sch.uk

English Workshop with Author SALLY NICHOLS!

On Monday 23rd January, we were delighted to welcome children's and Young Adult fiction author, Sally Nicholls to Millfield. Sally presented talks for all of our KS3 students during lessons 2 and 3 all about her books, the writing process and 'all things suffragette!' Our students were then able to buy copies of Sally's novels and get them signed by the author.



During lesson 4, Sally worked with a group of our Y11 students on their creative writing skills. Her writing workshop was designed to help students to complete fantastic responses to the narrative writing section of the English Language GCSE paper. The workshop was brilliant at getting student to pick up their pens and write, rather than spending time trying to come up with ideas. Once the ideas were down on paper, Sally helped them to refine what they had written, to

make sure that they were able to produce excellent creative writing whilst working under pressure and within tight time restrictions.

We all thoroughly enjoyed Sally's visit and got a huge amount out of it. We can't wait to read, **'Things a Bright Girl Can Do,'** the latest Sally Nicholls novel, all about two young suffragettes who set out to change their world!



HOT CHOCOLATE WITH THE HEADTEACHER

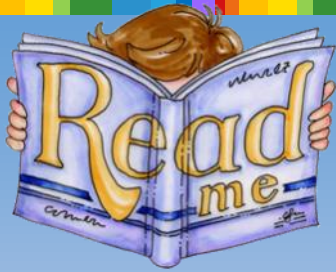
Emily Hume	10 H8 ERO
Olivia Cope	10 H8 ERO
Emily Draper	10 J7 JHO
Esm�e Randall	10 S7 JHO
Jake Turner	10 R7 KHA
Gabrielle Howarth	10 S7 JHO
Oli Simpson	10 H7 ACO



All of the above students have been nominated by the technology department for their excellent work in food preparation and nutrition

"A LITTLE
PROGRESS
EACH DAY
ADDS UP
TO BIG RESULTS"





Recommended Reads

The 'Library Book of the Week' is 'The House of Cards' by Lisa Thompson, an uplifting story of family, connection and imagination, from a Blue Peter Book Award shortlisted author. It is one of this year's Book Buzz books given out, free of charge, to our Y7 students.



Tabby's fed up. Fed up with losing her best friend and fed up that Grandad has come to stay.

Grandad's always telling the same old silly, made-up stories and now Tabby has to walk his smelly dog Buster every day after school. When one of Tabby's walks takes her to a lonely hilltop house she spots something strange going on. So strange she can't help but mention it to Grandad who of course turns it all into another

fantasy. But when tragedy strikes, Tabby's left wondering if Grandad's impossible story could be true? A poignant and uplifting story of family, connection and imagination, from the Blue Peter Book Award shortlisted author of Owen and the Soldier.

Particularly suitable for struggling, reluctant or dyslexic readers aged 8+.

The House Of Clouds is illustrated by the brilliant Alice McKinley.

WORK EXPERIENCE



The dates for the Year 10 Work Experience will be
20th March – 31st March 2023

Please assist the school by talking to your child about work experience and support them with questions they may have.

Any problems, please send students to A50 to see me - Mrs Draper .

World Wetlands Day

World
Wetlands Day
2 February 2023



It's time for wetland restoration

This special day in the calendar celebrates, and raises awareness of wetlands and their important role in biodiversity, climate, and a source of fresh water. Over the last 300 years we have lost nearly 90% of the world's wetlands and it is vital that we protect those left and, if possible, restore them.

- Even if you aren't directly connected with wetlands, you can still help in a number of ways:
- Learn more about them, as awareness makes us take more conscious decisions to help protect them.
- Use water wisely and try not to waste it.
- Try to avoid using chemicals (such as cleaning products) that cause harm to water resources.
- Have your say on the importance of wetlands by adding your comments to the "Wall of pledges" (visit www.worldwetlandsday.org for more information)

Volunteer to help maintain local wetlands, or support them by visiting those that require paid access, such as:

- Fleetwood Marsh Nature Reserve
- Marton Mere (near Stanley Park)
- Martin Mere near Ormskirk (very nice for a family day out)
- Wyre Estuary Country Park
- Brockholes near Preston/Salmesbury (another great day out)



Be aware of wildlife whenever you visit wetland areas, especially if you are walking your dog(s) there.

For more information about the importance of wetlands and how you can help visit www.worldwetlandsday.org



7 best practices in wetland restoration

Fully re-creating the benefits of a natural wetland may take time, but with restoration many harmful effects of degradation can be reversed. Successful wetland restoration projects...

1

Restore multiple benefits

A natural wetland provides a multitude of services. Take a holistic view in restoration, recapturing many benefits, not just one or two.

2

Develop a restoration plan

In a natural wetland ecosystem, the vegetation, the wildlife and the site itself all draw from and give to each other. Aim to re-create this self-sustaining cycle and monitor the results.

3

Involve the community

Ensure that local residents and businesses have a voice in the restoration. Give them a role in maintaining the restored site. Involve women, youth and indigenous people.

4

Address the causes of degradation

Assess and understand first what led to the degradation. Limit pressures such as overharvesting of water and pollution from agriculture, industry and urban development.

5

Restore native flora and fauna

Re-create the original hydrological conditions, replant native vegetation and reintroduce native wildlife. Weed out invasive species.

6

Clean up the degraded area

Remove any debris, trash and waste that has accumulated in the wetland. This makes people less likely to treat the area like a dump.

7

Structure access to the wetland

Create specific spaces for people to access the wetland. List which activities are allowed where. Designate zones where wildlife can thrive.





Mandarin Club

Mandarin Club is from 3 - 4pm every Tuesday beginning 24th January 2023.

It is held in BI and is free to all students.



Spring Term

Open
Close
Open
Close

Tuesday
Friday
Monday
Friday

3rd January 2023
10th February 2023
20th February 2023
31st March 2023

Summer Term

Open
Close
Open
Close
Open
Close
Open
Close

Monday
Friday
Tuesday
Friday
Tuesday
Friday
Monday
Wednesday

17th April 2023
28th April 2023
2nd May 2023
5th May 2023
9th May 2023
26th May 2023
5th June 2023
19th July 2023



Millfield Science and Performing Arts Coll... @Millfieldhig... · 5h
Our Y9 Sports Leaders were a credit to Millfield at the Primary Sports hall Athletics Competition ★
As you can see they did a great job of officiating and making sure that the event ran smoothly! Well done to them all!
@WyreandFyldeSGO
#TeamMillfield



POLITE REMINDER:

For the safety of all of our students at the start and the end of the day can I remind parents who are dropping off and picking up by car not to drive too quickly down Belvedere Road and to be courteous of other road users when parking. Many thanks for your understanding and support.



HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH

 @BELIEVEPHQ

www.BelievePerform.com



LOVE

Be there for your child and show care and love



EXERCISE

Encourage play, exercise and sport



BEHAVIOUR

Keep an eye out for any changes in behaviour



SUPPORT

Regularly support, encourage and praise your child



REST TIME

Help your child to manage stress by building in some rest time



BE PROUD

Tell your child that you are proud of them



PATIENCE

Be patient. Don't pressure your child



HELP

Don't be afraid to seek help from professionals



FEELING

Get to know how your child is feeling



EDUCATE

Educate yourself about mental health problems



PROBLEM SOLVING

Help your child to effectively problem solve



LISTEN

Make sure you take time to listen to what your child has to say



COPING

Help your child to learn some simple coping skills such as relaxation



SYMPTOMS

Be aware of signs and symptoms



CONVERSATION

Encourage your child to engage in conversation



ENVIRONMENT

Provide a positive environment for your child where they can thrive

