



Issue No 5
10th November



November 13-15th

MFL Mock Exams

November 15th

GCSE Certificate Evening

November 20th - December 1st

Year 11 Mock GCSE Exams

November 22nd

Year 10 Progress Evening

November 28th

BAE Technology Day - Year 9

November 30th

Year 10 Theatre Trip



E-mail admin@millfield.lancs.sch.uk

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X page @millfieldhighsc

#BeExceptional



Millfield MESSENGER

Belvedere Road, Thornton Cleveleys, FY5 5DG

Telephone 01253 865929

Dear Parents and Carers



It has been a fantastic start to autumn term 2; students have returned to school, after the break of the October holidays, refreshed and ready to learn.

Thank you to all the families who attended our Year 11 pre-mock exam progress evening – it was a fantastic turnout and brilliant to see so many parents/carers supporting their children. A reminder that the post-mock exam progress evening will be on 24th January – this will be an opportunity to talk through results and next steps in the run up to the summer examinations.

The mock examination season begins next week for the Year 11s. The senior team delivered a reminder session to all students on 'how to effectively revise'. It is important that students attend school and attend all of their mock examinations as they give their teachers an understanding of what they know and what they don't know. The 'don't know' is where students should then focus their revision which should be happening every evening and weekend. If your child has yet to begin revision, a good starting point is to ask them if they spent as much time revising as they did on their mobiles – just imagine what they could achieve next year. If you would like any tips or advice, do not hesitate in contacting Mr Humphreys and we have a wealth of resources on our website.

On Tuesday 7th November, Mrs Bleakley arranged for the highly-acclaimed author Anne Fine to hold a virtual presentation with our Year 7s. The students asked her some fantastic questions about being a novelist – where she gets her inspiration from, how she motivates herself to write and why she wanted to be an author. It was a really inspirational session and the students really impressed Anne.

As usual, there have been lots of other exciting events going on around school to develop students' learning beyond the curriculum. These include Chemistry Week, Remembrance assemblies, poetry writing workshops, kayaking at Fairhaven Lake and Fylde Rugby Club holding a training session with 40 students after school.

Can I request that parents and carers keep an eye on Synergy to check behaviour, attendance and completion of home-learning. It's a really useful app to keep on top of how your child is doing in school, and following parental requests, has now been enabled to show positive praise and housepoints too.

The only whole-school social media the school uses is Twitter: @millfieldhighsc please follow us to see daily updates of what your child is learning across the school.

Best wishes

Mrs Nicola Regan

Be Exceptional!





TEACHING AND LEARNING



At Millfield, students will receive feedback on how to improve their work in many different forms. Examples of feedback seen in books might include students being given personalised written feedback, teachers sharing whole class feedback with all students or model answers being analysed. In class, work may be live marked with teachers providing immediate verbal feedback.

As mock examinations draw closer for Year 11, and tests are taken in other year groups, students will receive a wealth of feedback across many of their subjects. The important thing is that students actually do something with the feedback they receive. As Teaching and Learning expert **Harry Fletcher-Woods** has commented, *'Feedback improves learning by changing students' knowledge, understanding or behaviour, but only if students act on it'*.

How can teachers, parents, and carers encourage students to act on feedback?

Sometimes students see feedback as criticism and some students can be reluctant to revisit work that they already see as 'complete'. In school and at home, we can support students by reminding them that we think they can become even better. Teachers might remind students that feedback is simply an opportunity to improve. At home, parents and carers could discuss individuals who use and value feedback to become better. Examples might be sportspeople or even the contestants on The Great British Bake Off!

How can teachers, parents, and carers ensure that students see feedback as credible?

Teachers might discuss how feedback is linked to examiner comments, not something they have simply made up. At home, parents and carers might discuss previous occasions where listening to someone else, or making changes has helped a student to become better at something. This could be linked to dance, sport, or even just keeping rooms tidy!

Is the feedback clear?

At Millfield, teachers strive to ensure that their feedback is clear and that students know exactly how to improve their work. Parents and carers can support with this by asking students about the feedback they have received after a test or assessment and the steps they took to make their work better.

The Teaching and Learning team will be very keen for students to learn from assessment in the coming weeks and working together with parents and carers, we will encourage all students to commit and take every opportunity to improve. As always, if you would like to know more about how we use feedback in school, please don't hesitate to contact the Teaching and Learning team.

HOT CHOCOLATE WITH THE HEAD

Lyla Cullen	11 C AMR
Harriet Walker	11 B HCL
Callum Hartley	11 B HCL
Olivia Clueit	11 A RBL
Joel Alcock	11 B HCL
Daniel Bailey	11 E CGO
Emily Hume	11 B HCL

The students have been nominated by Mrs. Crook for their excellent work in MFL

T&L Team: Mrs. Cook, Mr. Tyson and Mr. Hodgkinson





Here's our fabulous Year 9 debating team (Phoebe, Casey and Sophie) with their trophy from The Great Lancashire Debating competition.

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STUDENT COUNCIL

Now our fantastic team has been assembled, they are already excited to try and make a change for students in school. During our first few meetings, the students highlighted key areas in school that they wish could be modified and with the support of SLT, ideas for change are being gathered. One of the issues that the

students wish to try and support our school family with is the **Christmas Hampers** which we provide for families in need in the local community. This year, like no other, will be a challenging year for many and the school council have set an agenda to try and support as many as possible.

We will be writing to local businesses for support and will be running a campaign through social media and the school website, to rally support. We will be looking for donations of food, toiletries and Christmas presents from students and their families in school, as well as holding various fund-raising activities, including glow in the dark dodgeball and a non-uniform day. **We hope as many people can get involved with these activities as possible, to support people in our own community.**



Attendance continues to be excellent!

We are currently 2.0% above the national average for this year – well done Team Millfield!





HOME LEARNING PAGE

In a recent article in the Guardian an assistant professor highlighted that, for him, home learning was essential for any student who wished to excel. He went onto state

'There simply isn't time to digest Dostoyevsky if you only ever read him in class'.

In a career spanning 20 years as an educator, he has observed those students who spend the most time on home learning tend to learn the most and earn the best grades. He also suggests that this was particularly the case for the elite athletes and musicians even highlighting how the top performers have often spent far more time perfecting their crafts than their lesser competitors.

He went onto highlight examples such as:

Simone Biles who became the greatest gymnast ever by training seven hours a day, six days a week.

Lang Lang made it to Carnegie Hall at age 18 after practicing piano six hours a day starting when he was 5 years old.

Steph Curry is the greatest basketball shooter in N.B.A. history precisely because he throws 300-500 balls every day.

His final message in the article was as follows:

"Outwork others. It's much harder than it sounds."

Here at Millfield we celebrate excellence and home-learning is no exception:-

Congratulations go to students in Science - who have produced outstanding examples of home learning, in which they have focused on cells and recreated these as full size models.



Reminder In order to support your child with their home learning, please regularly log into Synergy to monitor the tasks that have been set and remind your child to complete them. The home learning policy can be viewed on our school website; this explains how much home learning your child should be set each week and the types of tasks they could be set.

Graduation

We are now nearly a half term into the graduation process in Year 9. This half term, students have been completing tasks at home and in school through form time.

Students have been researching CV writing skills and ways they can improve their mental health. Extra-curricular attendance figures have also increased for the third year in a row.

Please discuss with your child how they can manage their time to complete tasks at home and continue the journey to a distinction.





eco club



November is a month of inspiration and transformation!

It's the time when the world unites to celebrate **World Vegan Month**. This global movement recognizes the remarkable progress of veganism and encourages us to explore the incredible accessibility and benefits of a vegan life-style.



Veganism has come a long way, and during this special month, we take a moment to appreciate the journey it has made. It's about more than just what you eat; it's a holistic way of life that extends to clothing, personal care, and, most importantly, our commitment to a sustainable planet.

[The Vegan Society |](#) use this link to visit the official vegan website

Here in Millfield's Eco club, we're excited to be part of this celebration. We invite every student to join us in discovering how easy, beneficial, and compassionate adopting a vegan lifestyle can be. Whether you're a seasoned vegan or just curious about the possibilities, we've got a world of advice, delectable vegan recipes, and innovative ideas to help you embark on this eco-friendly journey.

[The vegan diet - NHS \(www.nhs.uk\)](#) Health eating as a vegan - use this link for information on adopting a healthy vegan lifestyle

[Vegan recipes - BBC Food](#) Here's a link to the BBC Good Food Pages - hundreds of recipes for you to try!

Stay eco-conscious and be inspired!

HOT CHOCOLATE WITH THE HEAD

Maisie Statham-Foran	9 R6 ARD
Rosie Witcher	9 H5 CAL
Bobby Walsh	9 S5 PTY
Tyler Birdsall	9 R6 ARD
Lincoln Crumblehulme	9 B6 ELW
Jacob Cairns	9 R5 SCN

The students have been nominated by Miss Latham for their excellent



Congratulations!





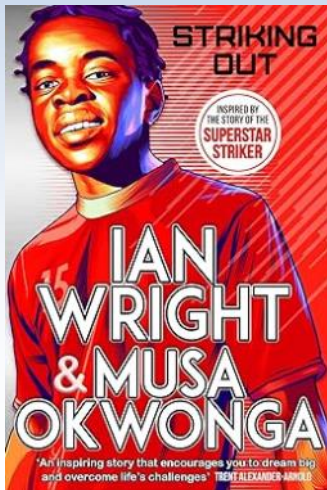
Recommended Reads

'Striking Out' by Ian Wright and Musa Okwonga and

'Dread Wood' By Jennifer Killick

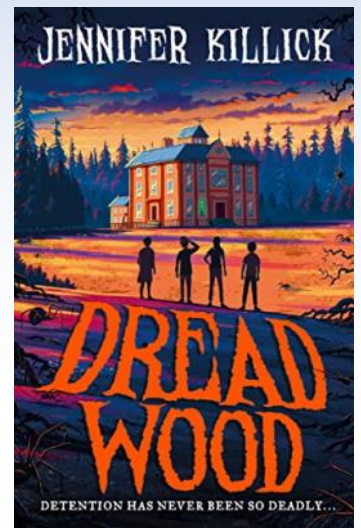
'Striking Out'

'Dread Wood'



Thirteen-year-old Jerome dreams of becoming a world-class footballer, but with a difficult home life, he can't see how he'll make this dream come true, until he meets a mentor who puts him on the right track.

It's basically the worst school detention ever. When classmates (but not mates) Hallie, Angelo, Gustav and Naira are forced to come to school on a SATURDAY, they think things can't get much worse. But they're wrong. Things are about to get seriously scary.



"The best strikers aren't the most skilful ones. They are the ones who never give up."

- Perfect for fans of real-life drama
- Readers will love Ian Wright's cameo role in the story
- With phenomenal cover art from Benjamin Wachenje.

"This engaging and uplifting novel, which celebrates friendship and community, is based on Ian Wright's own childhood experiences and will appeal to any aspiring sportsperson."

"An inspiring story that encourages you to dream big and overcome life's challenges."

What has dragged their teacher underground? Why do the creepy caretakers keep humming the tune to Itsy Bitsy Spider? And what horrors lurk in the shadows, getting stronger and meaner every minute . . .? Cut off from help and in danger each time they touch the ground, the gang's only hope is to work together. But it's no coincidence that they're all there on detention. Someone has been watching and plotting and is out for revenge . . .

VISIT YOUR LOCAL LIBRARY! Libraries are not just for borrowing books, or being a quiet place to read.

For example, Thornton Library run a number of events and clubs including:

Story time;

'Get your steps in' walking group;

'Never too late to learn Photography' group, and so much more. [Find a library - Lancashire County Council](#)





AUTHOR
ANNE FINE

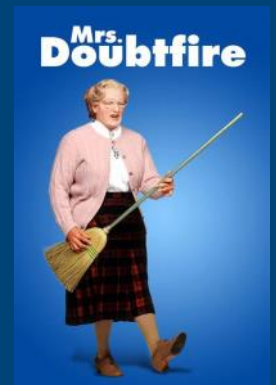
AUTHOR
ANNE FINE

Millfield
Science & Performing
Arts College

Creating Bright Futures

On Tuesday 7th November, we were delighted to welcome former Children's Laureate and much loved, award-winning author, Anne Fine for a virtual visit, via Zoom, for our Y7 students.

Anne Fine has won the Carnegie Medal twice and has been the highly commended runner up three times. She is the author of over fifty children's books including Madame Doubtfire, the book which was turned into the Film Mrs Doubtfire, starring Robin Williams and Sally Field.



Our Y7 students had prepared a number of probing questions for Anne and she gave detailed and engaging answers covering subjects including Christmas, cats and writing for film as well as creepy ghost stories and reading for a living! A very exciting moment occurred when she read out the christian name of a student who had sent in a question and decided that she liked his name so much that she was going to use it in a future novel as the name of one of her characters!

We all thoroughly enjoyed Anne Fine's virtual visit and got a huge amount out of it. We can't wait to read her latest novel, 'Aftershocks'

"Living your life is a long and doggy business. . . . And stories and books help. Some help you with the living itself. Some help you just take a break. The best do both at the same time."

-- Anne Fine





Millfield
Extra-Curricular
Programme
Autumn 2023

TODAY

is the day to
 learn something
NEW

Sign up for one of Millfield's extra curricular activities, running either at lunchtimes or after school.

There are activities for all years and cover a wide range of interests, from sport based clubs to having a try at Mandarin!

Speak to the teacher running the activity you are interested in for more details.

Monday				
Activity	Time	Teacher	Venue	Year
ICT	Lunchtime	Mr Tyson	A28	All years
Choir	Lunchtime	Mr. Mitchell	A19	All years
Chess	Lunchtime	Mr Yeoman	F7	KS3
Year 8 Football Fixtures	3-5pm	Mr Smith	Various	Year 8
Homework Club	3-4pm	Mr Wood	A26	All years
Tuesday				
Activity	Time	Teacher	Venue	Year
ICT	Lunchtime	Mr Tyson	A28	All years
KS4 Art	Lunchtime	Mrs Perrett	A23	KS4
Mandarin	3-4pm	Mr Hardy	B1	All years
Homework Club	3-4pm	Mr Wood	A26	All years
KS4 Art	3-4pm	Mrs Perrett	A23	KS4
Newspaper Club	3-4pm	English Staff	J1	All students
Year 7 Netball	3-4pm	Mrs Laycock	Yard	Year 7
Year 9 Football Fixtures	3-4pm	Mr Smith	Various	Year 9
Wednesday				
Activity	Time	Teacher	Venue	Year
ICT	Lunchtime	Mr Tyson	A28	All years
KS4 Art	Lunchtime	Mrs Perrett	A23	KS4
Latin	Lunchtime	Mrs Higgins	F8	Year 7 and 8
Work Experience Hub	Lunchtime	Mrs Draper	A50	Year 10
Euro Club	Lunchtime	Mr Hardy	B1	All years
KS4 Art	3-4pm	Mrs Perrett	A23	KS4
Homework Club	3-4pm	Mr Wood	A26	All years
Performing Arts Club	3-4pm	Miss Cambridge	Theatre	KS3
Science Club	3-4pm	Science Staff	C5	All years
ECO Club	3-4pm	Science Staff	C4	All years
STEM Club	3-4pm	Science Staff	C2	All years
Minecraft Club	3-4pm	Dr Gorst	D2	All years
Supervised Study	3-5pm	Mrs Gower	A14	Year 11
Lego Therapy	3-4pm	Miss Carbon	A23	KS3
Year 8, 9 and 10 Netball	3-4pm	Mrs Laycock and Miss Taylor	Yard	Year 8, 9 and 10
Year 7, 8, 9 and 10 Football practice	3-4pm	Mr Smith, Mr Grayston, Mr Daxey, Mr Greenall	Field	Year 7-10

Thursday				
Activity	Time	Teacher	Venue	Year
Millfield A Cappella Group (High Ability)	Lunchtime	Mr Mitchell	A19	Years 9, 10 and 11
ICT	Lunchtime	Mr Tyson	A28	All years
KS4 Art	Lunchtime	Mrs Perrett	A23	KS4
Welsh	Lunchtime	Mr Hardy	B1	All years
BSL Club	Lunchtime	Mr Hardy	B1	All years
Lunch with Bruff	Lunchtime	English Staff	J4	KS4
Reading Club	Lunchtime	Mrs Hall	H1	All years
Year 10 Football Fixtures	3-5pm	Mr Smith	Various	Year 10
Homework Club	3-4pm	Mr Wood	A26	All years
Dance Festival	3-4pm	Miss Cambridge	Hall	All years
History Club	3-4pm	Miss Weir	Library	KS3
Friday				
Activity	Time	Teacher	Venue	Year
Band (Must already play an instrument)	Lunchtime	Mr Mitchell	A19	All years
ICT	Lunchtime	Mr Tyson	A28	All years
KS4 Art	Lunchtime	Mrs Perrett	A23	KS4
Spanish	Lunchtime	Mr Hardy	B1	All years
Dance rehearsals	Lunchtime	Miss Cambridge	Dance studio	All years
KS4 Art	3-4pm	Mrs Perrett	A23	KS4
Homework Club	3-4pm	Mr Wood	A26	All years
Year 7 Football Fixtures	3-5pm	Mr Smith	Various	Year 7
Year 10 and 11 Intervention: You will be informed if you are required to attend an Intervention class. Alternatively, please see your subject teacher if you need any help or support				
Year 10: Duke of Edinburgh Scheme: Please see Mrs Higgins for details of forthcoming expeditions/meetings				
Sports activities: All fixtures and teams will be placed on the noticeboards outside PE. Please check for all news. Netball fixtures will be various nights during the week.				
<p>Look out for posters around the school advertising the latest clubs!</p>				





DATES FOR 2023 - 24

Year 11 MFL Speaking Mock Exams - 13th - 15th November
 Year 11 Mock Exam – 20th November - 1st December
 Year 10 Progress Evening - 22nd November 2023
 Year 11 Art Mock Exam – 4th/5th & 7th/8th December
 All Years Carol Services - 12th - 14th December
 Year 10 Mock Interview Day - 17th January 2024

HOT CHOCOLATE WITH THE HEAD

Isaac Allen	10 F KHA
Hannah Cairney	10 C ACO/SRS
Ewan Woodcock	10 C ACO/SRS
Taiah-Louise Standloft	10 B JCF
Ethan Shanley	10 C ACO/SRS
Summer Hadley	10 D BBL

The students have been nominated by Miss Gower for their excellent work in Media

THE MILLFIELD TIMES

Would you like to be a member of our school newspaper club?

Whether you're considering a future career in journalism or simply want to play your part in this exciting new publication, please join The Millfield Times in time for our Christmas issue!



Speak to Miss Cross for more details.

Tuesday

J8

3PM-4PM

Meeting weekly.
Publishing once a term.



In drama Year 7s have been learning how to interpret a piece of text using movement

Deputy Headteacher's Maths Challenge 5-Digit Number Puzzle

What 5-digit number has the following features:

If we place an extra numeral 1 at the beginning, we get a number three times smaller than if we put that numeral 1 at the end of the number.

Please email your worked solution to Mr Humphreys - b.humphreys@millfield.lancs.sch.uk



NOTICE BOARD



The school has a huge amount of lost property handed in to Reception every day, from water bottles to coats to full PE kits.

It would help us to reunite items with their owners if parents could label their child's belongings, so it can be easily identified and returned.

If your child has misplaced anything please call at reception where items are kept.

After a few weeks any items not collected are donated to charity so make sure to check if you think you may have lost something!



WORK EXPERIENCE

Year 10 Work Experience 2024

The dates for the Work Experience will be **18th March – 28th March 2024**

MOCK INTERVIEW DAY

Wednesday 17th January 2024

In preparation for work experience we will be hosting mock interviews.

Clubs in MFL

- Tuesday lunch time : Euro club (B1)
- Tuesday after school : Mandarin club (B4)
- Thursday lunch time: BSL club (B1)
- Thursday lunch time : Welsh club (B4)
- Friday lunch time : Spanish club (B1)

Lancashire County Council @LancashireCC · Oct 13
School admissions are now open for children due to start secondary school in September 2024!

✓ Choose your preferences wisely and apply before the national closing date of 31 October here: lancashire.gov.uk/schools

#SchoolAdmissions #LCCSchoolAdmissions



In Year 10 physics students were learning how to measure different types of waves .



LESSON SUBJECT:
YEAR 10 PHYSICS



www.childnet.com

Be smart on the internet



S

SAFE

Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE

Information you find on the internet may not be true, or someone online may be lying about who they are.



T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

THINK
U
KNOW
.co.uk

You can report online abuse to the police at www.thinkuknow.co.uk



www.kidsmart.org.uk

KidSMART



Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.



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*They shall not grow old
as we that are left grow old,
Age shall not weary them,
nor the years condemn them.
At the going down of the sun,
and in the morning,
we shall remember them.*

