

Issue No 6  
24<sup>th</sup> November  
2023



**November 27th -  
December 1st**

Year 11 GCSE Mock  
Exams

**November 28th**

BAE Technology  
Day - Year 9

**November 30th**

Year 10 Theatre Trip

**December 4th, 5th,  
7th & 9th**

Year 11 GCSE Mock  
Art Exams

**December 12th -  
14th**

All Years Carol  
Services

**December 15th**

Manchester  
Christmas Markets  
Trip

**December 20th**

School closes 13:05



E-mail [admin@millfield.lancs.sch.uk](mailto:admin@millfield.lancs.sch.uk)

Website: [www.millfield.lancs.sch.uk](http://www.millfield.lancs.sch.uk)

X page @millfieldhighsc

#BeExceptional



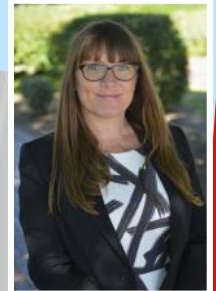
# Millfield MESSENGER

Belvedere Road, Thornton Cleveleys, FY5 5DG

Telephone 01253 865929

Dear Parents and Carers

The Year 11s have been outstanding in their mock examinations so far: excellent behaviour, determination and resilience. They are doing incredibly well and, if they continue to show this commitment to their studies over the rest of the year, they will leave Millfield with excellent results next year.



The Head Girl, Emily Hume and the Head Boy, Joel Alcock represented the school wonderfully at the Thornton Remembrance Service on Sunday 12<sup>th</sup> November. It was also wonderful to see so many of our students at the parade as part of the cadets and guides.

On 13<sup>th</sup> November, we had the absolute pleasure of watching our exceptional dancers perform at the Winter Gardens, at the Wyre and Fylde Dance Festival. The event showcased primary schools and secondary schools from across the Fylde Coast. It was an incredibly proud moment when our dancers came on stage – they were superb. A huge well done and thank you must go to Miss Cambridge and Miss Pippa (from Barbara Jackson's) for their teaching, choreography and rehearsals with our performers.

On Wednesday 15<sup>th</sup> November, we welcomed back our exceptional Class of 2023, as they collected their GCSE and Vocational Certificates, along with many awards and prizes from their teachers and our school sponsors. As you are aware, despite the impact of Covid and this year group being the first year group since 2019 to sit full examinations, this incredible group of students achieved outstanding results. We are unbelievably proud of them, their personal successes and what they have already gone on to achieve.

This week, our fabulous student council delivered our school assemblies, with a focus on supporting our community. The students have developed a selection of fund-raising activities to help others in the run up to Christmas, this includes a sponsored Elf Run, glow in the dark dodgeball and a non-uniform day on 8<sup>th</sup> December. Well done to them all – they have shown incredible kindness, initiative and leadership.

The only whole-school social media the school uses is Twitter: @millfieldhighsc please follow us to see daily updates of what your child is learning across the school.

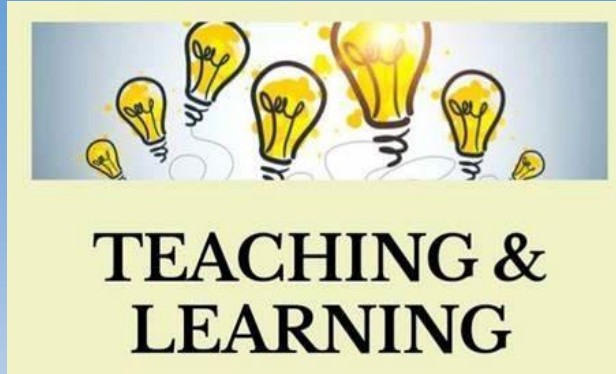
Best wishes

A handwritten signature in black ink that reads 'N. Regan'.

Mrs Nicola Regan

Headteacher

## Be Exceptional!



At **Millfield** we are always encouraging students to catch up any missed learning. In year 7 and 8 we are currently giving them a purple slip when they return from an absence that reminds them which subject have been missed. When they take this slip to their next lesson, they are informed of how to catch up the learning that they have missed.

This has resulted in students not being confused in the sequence of learning and feeling more prepared for an assessment week than in previous years.

We are always looking to maximise the impact of this initiative whilst minimising the workload on already hard-working students. I have spoken to students who have completed these missed learning slips in the first half term and nearly all students said that completing the work made their next lesson easier to understand.

In this half term we are looking to support students who have longer periods of absence off with a similar robust system that focuses on maximising the learning of students without adding unnecessary workload. Here at Millfield we are always striving to achieve the highest possible outcomes for students. Hopefully this system will allow students to continue their learning journey with little interruption to the sequence of understanding, which in turn will allow them to go on to secure their bright future.

**T&L Team: Mrs. Cook, Mr. Tyson and Mr. Hodgkinson**



*Be Exceptional*

**HOT CHOCOLATE WITH THE HEAD**

Isaac Edwards	7 R2 EAV
Violet Anderson	7 R2 EAV
Holly Jackson	7 R2 EAV
Akain Narayana	7 R2 EAV
Harris Hyde	7 R2 EAV
Evie Jones	7 R2 EAV

The students have been nominated by Mr. Wood for their excellent work in Technology





# UNIVERSITY OF CAMBRIDGE



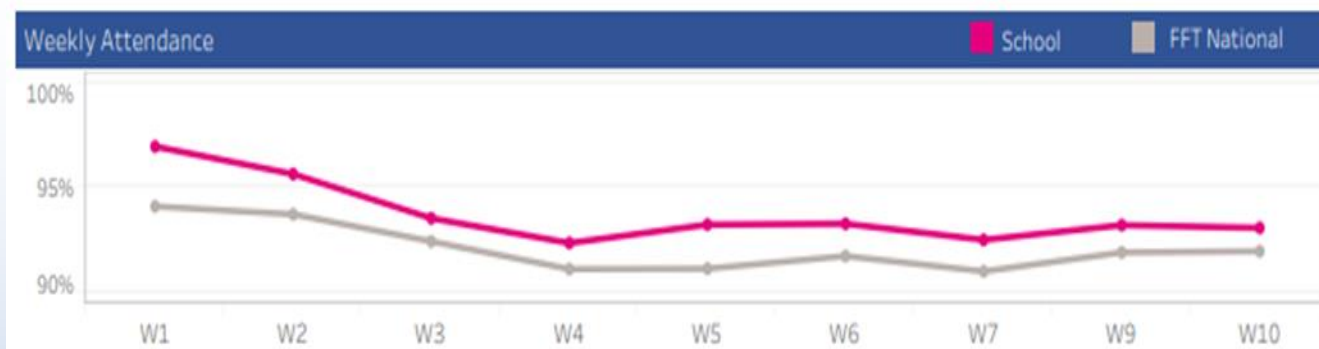
Maria Kazani from the University of Cambridge came to talk to our Year 10 and a group of Year 11 students on Friday 10<sup>th</sup> November. Year 10 students enjoyed her talk about universities and the differences between them and asked some really interesting questions during the Q and A at the end.

Year 11 were able to talk to her about how to apply

to Universities and the sorts of super curricular activities they should be doing now in order to gather their experiences together ready for when they are applying to universities in Year 13 when they are 6<sup>th</sup> form.



- Cambridge University was founded in 1209 and is the second-oldest university in the English-speaking world after Oxford.
- The university comprises 31 colleges and over 150 departments, faculties, schools, and other institutions.
- There are currently over 24,000 students enrolled at Cambridge University, including over 11,000 postgraduate students.
- The university has produced 96 Nobel Prize winners as of 2021, more than any other institution in the world.



**Attendance continues to be excellent!**

**We are currently 1.7% above the national average for this year – well done Team Millfield!**

Attendance	Average Progress 8 score
100%	+0.90
95 - 99%	+0.33
90 - 95%	-0.01
80 - 90%	-0.52
< 80%	-1.55

**This table shows the progress that the Year 11 in 2022 – 2023 made in their GCSE and vocational subjects:**

This shows that students with 100% attendance overachieved by almost one full grade across all subjects. Unfortunately those few students who had attendance below 80% underachieved by over a grade and a half across all subjects.

# HOME LEARNING PAGE

## Food for Thought

**Knowledge is power:** - The more knowledge and skills you can build up during your school years, the bigger the pay-off will be for you throughout your life. Look at it like this: The school teaches you something - you practice it at home by doing your home learning - that reinforcement you have through home learning builds up your knowledge a little more each time. What you have done is improve your mind's ability to deal with this subject in future as well as helping you deal with other problems in other subjects because your brain will call on the same skills over and over.

**The more you know, and the better you can process that information, the more problems you will be able to overcome and the more people you will be able to sensibly discuss things with.**

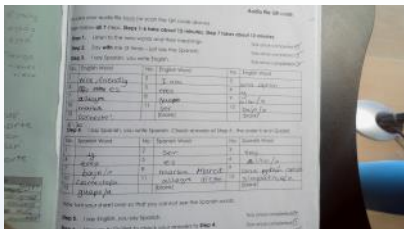
**Extra study makes you extra employable:** - The idea of home learning is not to punish you or to take up all your free time. It is to make you more knowledgeable in many areas and therefore more employable when you leave school. It also sharpens your thinking skills.

**Dangers of skipping home learning:** - The more you skip home learning, the less practice your mind gets at dealing with problems. You have more trouble finding knowledge and remembering what you learn.

**Best way to do home learning:** - The best way to get your home learning done is to have the right attitude. Just realise that you must do it, then get it done as soon as you can. Putting it off doesn't work. You will sometimes run out of time, or something will happen to stop you from getting it done on time.

**Here at Millfield we celebrate excellence and home learning is no exception.**

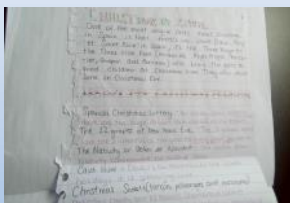
**Congratulations go to students in MFL** who have produced outstanding examples of home learning, in which they have focused on specific vocabulary.



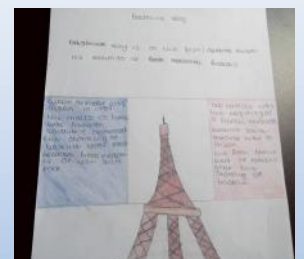
This is a **vocabulary learning worksheet** incorporating technology. The worksheet is also placed on Synergy in case students can't scan the QR code. There are 8 steps which aid the students to learn a list of vocabulary. The home learning allows students to speak, listen and read/write, developing all four skills. In the 2nd grid, students can check their answers and purple pen their spellings after checking their answers on Quizlet. Students then further practice the vocabulary on Quizlet. The list of

vocabulary either serves to recall / recap words from lesson, or introduce new vocabulary in preparation for future lessons.

## Culture Research Tasks



One task was to find information about Christmas in Spain, which is more research driven and written in paragraphs. The other task was a to create a poster to show people what happens on Bastille Day, which is why it looks more decorative



**Remember!**

In order to support your child with their home learning, please regularly log into Synergy to monitor the tasks that have been set and remind your child to complete them. The home learning policy can be viewed on our school website; this explains how much home learning your child should be set each week and the types of tasks they could be set.

**SCHOOL SYNERGY**  
Doing the right thing...Making a difference!

# eco club

## A Time for Reflection



### November is World Vegan Month

“World Vegan Month is celebrated around the world as a time to recognise how far the vegan movement has come, to highlight how accessible and beneficial a vegan lifestyle is and to encourage the vegan-curious to adopt veganism by sharing advice, recipes and ideas.”

### DECEMBER: World Soil Day - December 5<sup>th</sup> *COMING SOON!*

December marks the advent of winter, but it's also a time for reflection and action. On the 5th of December, we commemorate World Soil Day, an occasion that urgently calls for our attention.

Did you know that every 5 seconds, an area of soil equivalent to one soccer field is eroded? This is a concerning reality that highlights the pressing need to raise awareness about soil erosion. As our planet's population continues to expand, the preservation of soil becomes increasingly crucial.

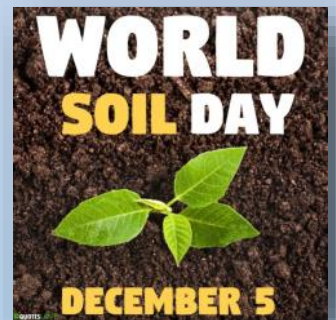
It's astonishing to think that it can take up to 1,000 years to produce a mere 2-3cm of soil. Soil erosion isn't just an environmental issue; it's an agricultural crisis. A 50% loss in crop yields can result from this problem, impacting our food security and global sustainability.

In the spirit of World Soil Day, our eco club urges every student to explore the significance of soil conservation. We'll be organizing engaging activities, insightful discussions, and opportunities for you to learn how to make a positive impact. It's our collective responsibility to safeguard our precious soils for generations to come.

[World Soil Day, 5 December | Food and Agriculture Organization of the United Nations \(fao.org\)](https://www.fao.org/world-soil-day)

### World Soil Day 2023 Key Messages:

- \* Soil and water provide the foundation for food production, ecosystems, and human well-being. Recognizing their invaluable roles, we can take proactive measures to safeguard these resources for future generations;
- \* Soil and water are the medium in which plants grow and obtain essential nutrients;
- \* Rainfed agriculture systems account for 80 percent of croplands, contributing to 60 percent of the global food production. These systems rely heavily on effective soil moisture management practices.
- \* Irrigated agriculture systems withdraw 70% of the world's freshwater and account for 20 percent of croplands.
- \* The health of the soil and the quality and availability of water are interconnected;
- \* Healthy soils, enriched with organic matter, play a crucial role in regulating water retention and availability;
- \* Improved soil and water management improves the land's capacity to withstand extreme climate events such as droughts, floods and sand/dust storms;
- \* Healthy soils act as a carbon sink, by sequestering carbon from the atmosphere, thus contributing to both climate change adaptation and mitigation efforts.



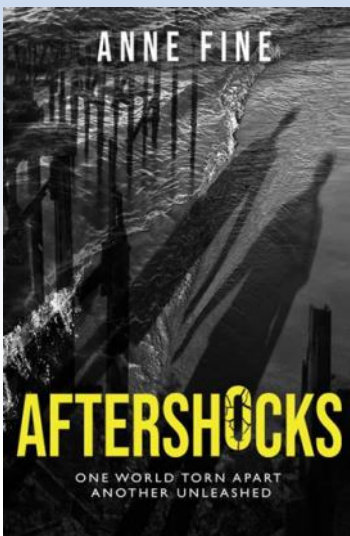


# RECOMMENDED READS

'Aftershocks' by Anne Fine and

'The Secret Sunshine Project' by Benjamin Dean

## 'Aftershocks'



Week A's Library Book of the Week is 'Aftershocks' by multi award-winning author Anne Fine. This modern fable - part ghost story, part coming of age novel, and

part astute social and family observation - explores the ways in which grief can affect not only individuals, but communities at large.

Accompanying his engineer father on a work trip, Louie is stranded by an earthquake in an isolated world peopled by ghostly figures. Overwhelmed by the misery of the silent Endlanders and grieving the loss of his own brother, Louie realises there is something he can do to help them all face the future again. But will he find the courage to do it? Chosen as a Book of the Week by both The Times and The Sunday Times, this is the novel Anne Fine has called 'the book of my heart'. This is a spooky adventure that has a lot to say about how grief can affect us all in different ways.

**"There is more treasure in books than in all the pirate's loot on Treasure Island." — Walt Disney**

## 'The Secret Sunshine Project'

Week B's Library Book of the Week, 'The Secret Sunshine Project' by award winning author, Benjamin Dean, is described as a heart-warming story of kindness, courage and love in all its forms.



Bea's family are happy. Like, really happy. Like, kind of gross but also cute happy. So when they visit London Pride together and have the ultimate day out, Bea doesn't think her family could possibly get any happier. But a year

later, a grey cloud is following Bea's family around. Dad has passed away, and without him around they have no choice but to pack their bags and move to the countryside to live with Gran.

*With Bea's big sister, Riley, taking the news hard, Bea will do anything to cheer her up. So with the help of new friends, The Secret Sunshine Project is formed – Bea's plan to bring Pride to the countryside and a smile back to Riley's face. There's just one teeny tiny problem – the village mayor. A grumpy old woman who's on a mission to rain on Bea's parade . . .*



# PERSONAL DEVELOPMENT

In a recent survey with Year 7 students about personal development in school and PSHE lessons - the feedback was very positive. Students said that they were learning about a variety of careers in lots of different subjects. They also said that they felt that there were lots of opportunities to take part in extracurricular activities. Students added that they learnt about living a healthy lifestyle.

This week our GCSE PE students have completed their outdoor education unit of study. They visited Fairhaven lake where they learnt about problem solving and kayaking skills. Great leadership and teambuilding skills were used, that not only helps their personal development, but also helps improve their GCSE grades. It was an excellent trip, run by the PE department!

Further personal development opportunities include a trip to the Nautical College for Year 10 and 11 students and an opportunity for Year 10 students to visit BAE apprenticeship event. Students interested in these events should speak to Mr Grayston.

All students in Year 10 should now be making arrangements for their work experience in the spring term. Students must make sure that they take a green self-placement form, which can be obtained from Mrs Draper to an employer to complete their details. When this is returned to school, the next stage of the process can take place. Any students struggling to find a placement should drop into see Mrs Draper and her work experience team during Wednesday lunch times in room A50.

Finally, please keep encouraging your child to think about their next careers steps. The school's 'Careers' section on our website is very useful in helping support students and parents. Please also look at 'Career Pilot' website for further help with learning about career choices.

## House Competitions

The house competitions are in full swing with the football competition! Keep an eye on the board for the latest points update.

## Dance Festival

The dance festival took place at the Winter Gardens on November 13th! Our talented dancers were excited to showcase their skills, performing exceptionally.

## STEM Club

Calling all science and technology enthusiasts! The STEM club is looking for new members to join their after-school sessions. See Miss McRoberts for more information.

## Cambridge University Visit

A representative from Cambridge University visited our school on Friday, November 10th to discuss the opportunities available to students and share insights into life at the university.

## Running Club

Lace up your trainers and join the running club every Friday after school! All levels are welcome. Meet at the changing rooms at 3pm on Fridays.

## SHINE Mental Health Support

Remember, you're not alone. The SHINE mental health nurses are available for appointments for anyone in need of support. Speak to your Progress Leader to make an appointment.





Here's this week's super star students.

Nominated by their teachers for their outstanding work.

**HOT CHOCOLATE WITH THE HEAD**

Finn Bowater	8 R3 CHY
Jonah Price	8 H3 CPN
Rowan Webster	8 S3 ASN
Lola Dicks	8 B3 SWE
Katelyn-Rose Greenway	8 B3 SWE
Lewis Chiocchi-Spencer	8 B4 GBL
Toni Higson	8 H3 CPN

The students have been nominated by Miss Higgins for their excellent work in History

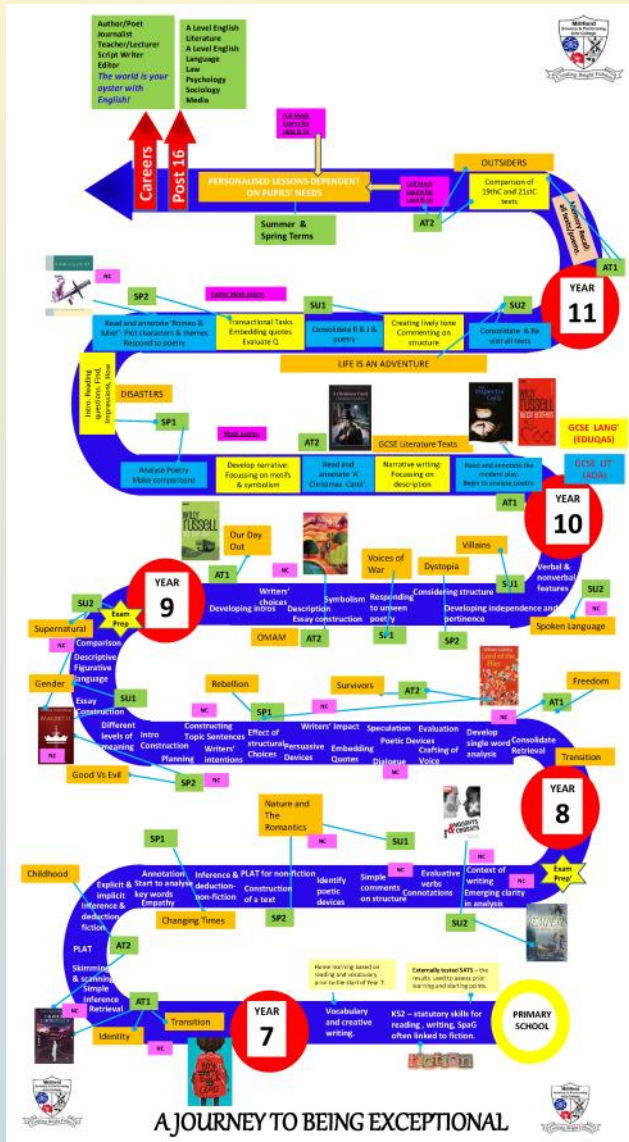


Follow Millfield's X page @millfieldhighsc for more photos, announcements and school information

Well done to our amazing, talented dancers; they performed superbly at last night's Heroes and Heroines dance show at The Winter Gardens.  
[#TeamMillfield](#) [#BeExceptional](#)








**Not sure what your son or daughter is studying in school this term?**

Have a look on our school website where you will find the 'Learning Journeys' for every subject.

The Learning Journeys give details about what is being studied each half term from the start of Year 7 right up to when students leave in Year 11.

Select a department from the menu on our school website, click on the icon and you will find the 'Learning Journeys' for that subject.



EVERY STUDENT CAN  
*learn*  
 JUST NOT IN THE SAME  
*day*  
 OR IN THE SAME  
*way.*  
 george evans

# Deputy Headteacher's Maths Challenge

## A Weighty Problem!

I have ten boxes, with a total weight of 75kg:

15 kg, 13 kg, 11 kg, 10 kg, 9 kg, 8 kg, 4 kg, 2 kg, 2 kg, 1 kg



I want to pack the boxes into 3 crates, but each crate can carry a maximum of 25 kg.

How can I pack the boxes into the crates?



Please email your worked solution to Mr Humphreys - [b.humphreys@millfield.lancs.sch.uk](mailto:b.humphreys@millfield.lancs.sch.uk)





Spread a little love this Christmas!

# STUDENT COUNCIL

From Monday the 4<sup>th</sup> December until the Christmas holidays, students will have the chance to get involved in many different activities to raise money for local families in the area and Bryan House.

On **Tuesday 5<sup>th</sup> December** there will be a cake sale in the assembly hall, we will be asking for donations from students which we can sell. Students will need to bring in some money to purchase the cakes.

On **Monday for Year 7, Wednesday for Year 8 and Thursday for Year 9 and 10**, there will be glow in the dark dodgeball after school. We would like participants to donate 50p to participate. Also on Tuesday, as part of the PSHE day, students will come to school in their PE kits and take part in an **elf run/walk** during one of the lessons.

On the Friday of that week, it will also be a **non - uniform day** and we hope students will join us in wearing Christmas jumpers. To be allowed to wear your PE kit on Tuesday and non-uniform on Friday, we ask for a £3 donation through ParentPay.

We would like to provide as many families as possible in our local area a Christmas meal and a present to open on Christmas Day. **We need everyone's help to do this.**

Donations could include long life food goods - tins, dry goods (we would love to accept fresh foods but believe they may have passed their use by before Christmas), selection boxes, toiletries, and arts and craft materials. Also, cakes for our cake sale.

**Let's all spread a little more love this Christmas!**

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We are now nearly a half term into the graduation process in Year 9. This half term, students have been completing tasks at home and in school through form time.

Students have been researching CV writing skills and ways they can improve their mental health.

Extra-curricular attendance figures have also increased for the third year in a row. Please discuss with your child how they can manage their time to complete tasks at home and continue the journey to a distinction.



# Graduation



**Millfield Science and Performing Arts College** @Millfieldhighsc

There was an incredible turnout for our Year 10 progress evening this week- it was lovely to meet all our supportive families. Well done to our team of Year 10 welcoming students too - standing in for our Year 11 senior team who were in the middle of their mock exams



[#TeamMillfield](#) [#BeExceptional](#)



# NOTICE BOARD



## EUROCLUB

**November** ↓

**Wednesday 22nd : Spanish**



I want you to bring me...  
- Find and search for items in school from a list in Spanish. ( Group activity)

**Wednesday 29th : FRENCH**



**Oui or no challenge.**  
Be physically prepared!!!



**December** ↓

**Wednesday 6th :**



**Guess the lyrics!**  
Guess key vocabulary by listening to music in Target Language. Bring your phone. (Rules on phones to be applied)

**Wednesday 13th :**



**Christmas!!!**  
Cultural capital on how people celebrate Christmas in different parts of the world.

Room: B3 , lunch time, bring your lunch, Miss Arroyo and Kian Forsyth



## WORK EXPERIENCE

**Year 10 Work Experience 2024**

The dates for the Work Experience will be  
**18th March – 28th March 2024**

**MOCK INTERVIEW DAY**

**Wednesday 17th January 2024**

In preparation for work experience we will be hosting mock interviews.

### THE MILLFIELD TIMES

Would you like to be a member of our school newspaper club?

*Whether you're considering a future career in journalism or simply want to play your part in this exciting new publication, please join The Millfield Times in time for our Christmas issue!*



Speak to Miss Cross for more details.

**Tuesday**

**J8**

**3PM-4PM**

Meeting weekly  
Publishing once a term.

## ILLEGAL PARKING AROUND SCHOOLS ENDANGERS YOUNG LIVES

*This is an important plea to parents and carers who drop off and collect students in cars. Please do not park on the double yellow lines around school and do not park on the corner of the streets around Millfield. Other road users have to pull out around illegally parked cars and this increases the risk of students being run over.*

*Please also avoid parking across local residents' driveways as our neighbours also have to go about their daily business in their vehicles.*

*We do of course teach our students about road safety and their responsibility whilst crossing roads and riding bikes, but hopefully by working together as a community, we can reduce the risk of an accident occurring.*

# What Parents & Carers Need to Know about SETTING UP NEW DEVICES FOR CHILDREN

At Christmas, millions of lucky children will be excitedly ripping the wrapping off new phones, tablets, computers or consoles. However, in the rush to let young ones enjoy their shiny gadgets, many parents neglect to set these devices up safely – increasing the chances of children going online and stumbling across adult content, making expensive downloads or installing unsuitable apps. A little time configuring the device properly can save a lot of anguish later. Here are our top tips to ensure that a dream gift on Christmas morning doesn't turn into a nightmare by New Year.

## PASSCODES FOR IPHONE/IPAD

If your child's getting their own iPhone or iPad, you can set parental controls that make it difficult for them to access inappropriate content or download expensive apps. Once the device is set up, go to the Settings app and tap Screen Time, then select Use Screen Time Passcode and enter a passcode. Keep it to yourself so your child can't switch the protection off.

## SCREEN TIME SETTINGS ON IPHONE/IPAD

Once you've set a Screen Time Passcode, you can adjust various safety settings. You could, for example, only allow communication with people from the Contacts app, place restrictions on App Store purchases and apply age limits to movies, music and web content. There are many more protective options available within the Screen Time settings section.

## FAMILY LINK FOR ANDROID

Parents can manage Android phones and tablets, as well as Google Chromebooks, through Google's Family Link app. This gives your child some independence (and their own Google account) but lets parents monitor which apps are being used, set limits on content and ensure that parental permission is required to install apps. Look for Family Link in the Google Play Store.

## ADD A CHILD TO FAMILY LINK

The easiest way to add a child's device to Family Link is to set it up with its own Google account. It's a good idea to create this before they use their new phone, tablet or Chromebook. Once they're logged in, open the Family Link app on your phone, press '+' in the top right and add a new family member using their Google account details. Then follow the on-screen instructions.

## FAMILY SHARING ON A MAC

Families using a Mac get similar screen time options to iPhone and iPad users. Again, if you're setting up a Mac for a child, make yourself the main admin and add them as a user. This is handled through Apple's Family Sharing service, which not only allows you to put controls on child accounts but share apps and other purchases with them too. Search 'family sharing' at <https://support.apple.com>.

## PLAYSTATION PARENTAL CONTROLS

With parental controls for the PS5, you'll need a PlayStation Network account (as the 'family manager') and the child will need their own account, which they should sign in with on the console. This all needs to be set up in advance, so you might want to do it before the big day. Go to [PlayStation.com](http://PlayStation.com) and search 'family account' for instructions.

## DISCUSS IT WITH YOUR CHILD

If you're planning to implement any kind of restriction or protection settings on your child's new device, we'd recommend having a discussion with your young one first about what these controls do, and what they are for. If you try to impose parental controls surreptitiously or with no advance warning, don't be surprised if your child tries to find a way around them.

## SET AN ADMIN ON PCS

On Windows PCs and laptops, it's important not to let your child share a general user account or be the main admin on the device. If you're booting up a new family PC or a child's own device, set it up using your own account details and you'll become the admin by default. Then set up children with their own separate account: Settings > Accounts > Family & Other Users > Add Other User.

## SET WINDOWS LIMITS

Once your child's account has been created, a parent admin can go back into the Family & Other Users menu and apply limits to it. These include restricting screen time, the type of games and apps that can be installed, web filters and more. Microsoft also includes reporting tools which, for example, can email you with a weekly summary of your child's activity on the device.

## TREAT AN XBOX LIKE A PC

The same control settings you use for a PC can be used to apply parental controls on an Xbox. Again, once your child is signed into the Xbox with their own account, you can then monitor and regulate their activity from a PC or web browser. Microsoft's dashboard allows you to manage voice communication through the console: so you can limit who can contact your child, for example.

## INSTALL XBOX FAMILY SETTINGS

If you don't have a PC, but your child does have an Xbox, it might be easier to use the Xbox Family Settings app for iPhone or Android. Here, you can restrict console screen time (particularly handy if the console is in a bedroom), restrict communication and monitor the types of game being played. There's also a feature where you can allocate spending money for games or in-game purchases.

## STAY VIGILANT

It's important to remember that none of these methods is 100% foolproof. Nobody will ever invent flawless filters or parental controls – not least because what's unacceptable to some parents is perfectly acceptable to others. So although devices' parental controls will help to keep your child safe online, they work best side by side with good old-fashioned parental vigilance.

## Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and *ITV News at Ten*. He has two children and writes regularly about internet safety issues.

