

Issue No 11
13th March 2026



Millfield MESSENGER

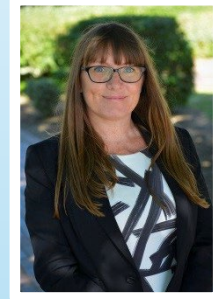
Belvedere Road, Thornton Cleveleys, FY5 5DG

Telephone 01253 865929

Dear Parents and Carers,

The spring term is flying by and, as usual, there has been so much going on!

Our Year 11 students were fantastic in their second set of mock examinations. They have been working incredibly hard and we are so proud of their determination, resilience and focus. We encourage them to keep giving their very best and to believe in themselves every step of the way.



Our Year 9 students had a fantastic day at the careers event held at Marine Hall in Fleetwood. They explored future pathways, spoke confidently with a wide range of employers and training providers, and showed real curiosity about the opportunities ahead. Their ambition and enthusiasm were wonderful to see, and they represented Millfield perfectly! Also, during National Careers Week, Mr Grayston led careers-focused assemblies, and we hosted our hugely successful annual careers convention in the sports hall. Employers, colleges and universities joined us to speak to students from every year group. This event grows in strength each year and provides valuable insights to help our students plan confidently for their futures.

It has also been an exciting time for Performing Arts. We were thrilled to receive a superb review of our school musical from the National School Theatre Awards, recognising the exceptional talent and dedication of our students. A huge well done to the cast of High School Musical for their professionalism, creativity and energy and thank you to our staff for their outstanding work, and to all families who supported the production.

We were delighted to welcome Stanah and Baines primary schools into school for a brilliant Samba workshop. The joy of performing arts continued as hundreds of children from across Fylde and Wyre schools took part in Team Millfield's seventeenth Celebration of Music at the Winter Gardens. It was an outstanding evening and a joy to see so many young people performing with such confidence and passion.

World Book Day has been celebrated in style again this year. Our Year 7 students spent the week wrapping books to hide around the local community, each containing a poem they had written. Their excitement was matched by the joy of local children who found them, with one parent sharing that their boys thought it was "some sort of magic". In school, staff and students dressed up as book characters and took part in a wide range of book-themed activities. It was a brilliant celebration of reading for our whole community.

Our Millfield Moments programme continues to offer enriching experiences, with our entire Year 8 enjoying a fantastic learning day at Chester Zoo. Students explored conservation, animal behaviour and biodiversity, making meaningful links to their curriculum. Then, all Year 9 students visited the Museum of Science and Industry as part of STEAM Week, and there was a full schedule of exciting activities taking place around school in science, technology, engineering, arts and maths.

Warm regards

Mrs N. Regan - Headteacher

14 March
Blackpool Symphony
Orchestra -
Concert 7.30pm

16 - 27 March
Year 10 Work
Experience

16 - 17 March
Year 9 Options
Taster Days

18 March
Year 9 Science
Museum trip

Year 11 University visit

Year 7 Progress Evening
3.15pm-6.15pm
PTFA Uniform shop
3pm-6pm

19 March
Year 9 Geography
Trip

20 March
Year 9 Geography
Trip

Year 7 & 9 Interim
reports home

World Poetry Day

23 March
Year 9 Health
Questionnaire with
school nursing team

Year 7 Old Trafford Trip
Geography pre-release

Year 11
Cont: Back Cover



LANCASHIRE SCHOOL SPORTS PARTNERSHIP PRESENTS:
THE LANCASHIRE GAMES DANCE FINALS

RHYTHMS OF UNITY

CELEBRATING SPORT, CULTURE &
CREATIVITY ACROSS THE GLOBE



OPERA HOUSE BLACKPOOL

18:30 TUESDAY 21 APRIL 2026

ADULTS £9.00 – CHILD £4.00

BOOKING FEES & LEVIES APPLY



HOW TO BOOK

IN PERSON: BOX OFFICE CHURCH STREET

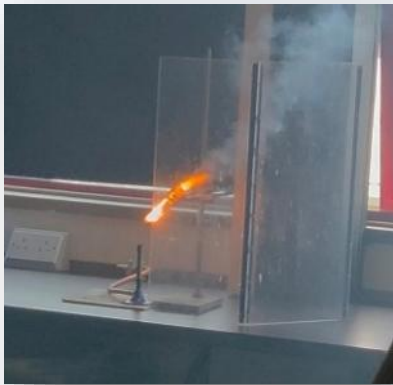
ONLINE: WWW.WGBPL.CO.UK



STEAM AT MILLFIELD - A BUSY AND CURIOUS WEEK!

It has been a very busy and exciting term for STEAM at Millfield so far, with students taking part in a wide range of activities designed to spark curiosity and show how science and creativity connect with the world around us.

Earlier this term, year 8 students enjoyed a joint Science and Geography trip to Chester Zoo, where they explored a wide range of species and habitats. During the visit, students learned about ecosystems, biodiversity and the important conservation work being carried out to protect endangered species around the world. The trip provided a fantastic opportunity for students to see how topics studied in both science and geography lessons apply in real-life settings.



As part of British Science Week, with this year's theme of *Curiosity*, we have been celebrating all things STEAM (Science, Technology, Engineering, Arts and Maths) across the school. Students have been exploring how these subjects link not only with each other but also across all areas of the curriculum. Teachers incorporated curiosity-themed activities into lessons, encouraging students to ask questions, investigate ideas and think creatively.

There have also been plenty of fun and engaging lunchtime activities taking place throughout the week. These included a STEAM film club, practical challenges, science tricks and some exciting flash-bang demonstrations that captured students' attention and enthusiasm. Tutor groups also took part in daily quizzes featuring curiosity questions, fascinating "gross facts", and a *Scientist of the Day*, helping students learn about influential scientists and their discoveries.



It has been fantastic to see students getting involved, asking thoughtful questions and showing real enthusiasm for exploring how science, technology, engineering, arts and maths shape our everyday lives.

To round off this exciting period, half of our Year 9 students visited the Museum of Science and Industry (MOSI) this Friday, where they explored interactive exhibits linked to engineering, industry and scientific innovation. The rest of the year group will be visiting next Wednesday, giving them the opportunity to experience the museum's engaging displays and learn more

about the history and future of science and technology.

It has certainly been a busy and inspiring STEAM term at Millfield, and we look forward to continuing to build students' curiosity and enthusiasm for these subjects throughout the rest of the year.

Mrs A McRoberts, Head of STEM

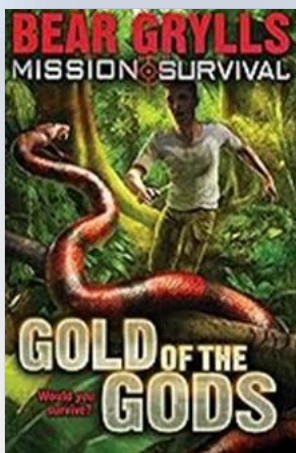


RECOMMENDED READS

“Gold of the Gods”

Week A's Library Book of the Week is 'Gold of the Gods' by Bear Grylls.

Beck Granger is lost in the jungle with no food, no compass and no hope of rescue. But Beck is no ordinary teenager - he's the world's youngest survival expert. If anyone can make it out alive, he can. MISSION: SURVIVAL.



Beck Granger is facing certain death. He's lost in the Colombian jungle, with no GPS, no food, and no help but for two friends, with only a tattered map and a strange amulet guiding their way. But he has his survival skills - and if anyone can keep them alive, Beck can.

Building rafts and shelter . . .
Killing snakes. . .
Finding water. . .
Fending off shark attacks. . .

He knows how to navigate any environment - but even he can't anticipate every danger . . .

Hot on the trail of his kidnapped uncle, Beck must race against time and the elements. Can he find the lost CITY OF GOLD and discover the secret of its people?

About Bear Grylls

Bear Grylls spent three years as a Trooper with 21 SAS Regiment, before breaking his back in a free-fall parachuting accident in Africa. Grylls recovered and went on to become one of the youngest climbers ever to reach the summit of Mount Everest

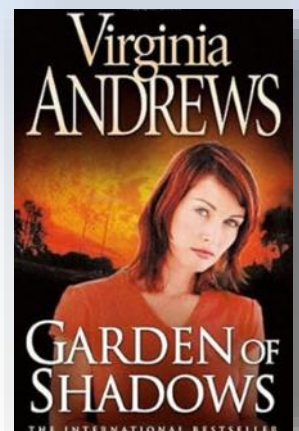
*This book is suitable for ages 9 -12 years.
This is book 1 in a series of 8.*

“Garden of Shadows”

Week B's Library Book of the Week is 'Garden of Shadows' by Virginia Andrews.

Tall, plain Olivia feels rescued from spinsterhood by the smart and handsome Malcolm Foxworth. She thinks she has found "the one" since this is the first man to ever show interest in her due to her height and plain appearance.

Olivia Winfield's hopes blossomed when the dashing Malcolm Foxworth asked her to marry him. But her hopes withered like flowers in the scorching sun when his true nature was revealed. Foxworth Hall, the beautiful home that should have given them so much happiness, became like a prison to her, with Malcolm the cruellest of jailers.



Suddenly, unexpectedly, the hand of friendship was offered to Olivia when Alicia, her father-in-law's new young bride, came to Foxworth Hall. The two women were unlikely companions, but soon the laughter of their youth filled the gloomy place. Yet over them both loomed the shadow of Malcolm, whose dark desires were to sow the seeds of a shocking secret that would lead in time to a darkened, locked attic room.

'Beautifully written, macabre and thoroughly nasty... it is evocative of the nasty fairy tales like Little Red Riding Hood and The Babes in the Wood, with a bit of Victorian Gothic thrown in. ... What does shine through is her ability to see the world through a child's eyes'

*This book is suitable for ages 13 years and older.
This is book 5 in a series of 11.*

**ONE GLANCE AT A BOOK AND YOU
HEAR THE VOICE OF ANOTHER
PERSON, PERHAPS SOMEONE
DEAD FOR 1,000 YEARS. TO READ
IS TO VOYAGE THROUGH TIME.**

— CARL SAGAN



These books put such a huge smile on their faces and we just want to say thank you so much!

Even I'm still smiling about it!
Thank you Millfield!

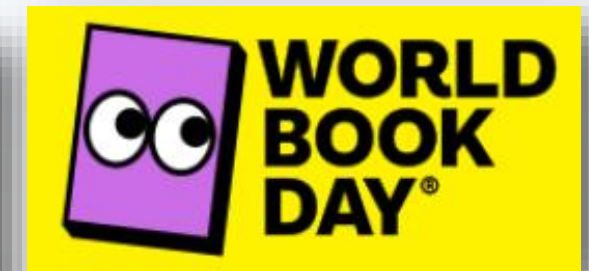
Millfield recently celebrated World Book Day, going out into the community and leaving books for our local community children to find and enjoy!



Staff and students fully embraced the occasion, dressing up as their favourite book characters and immersing themselves in a day packed with exciting, book-themed activities. It was a fantastic celebration of reading!

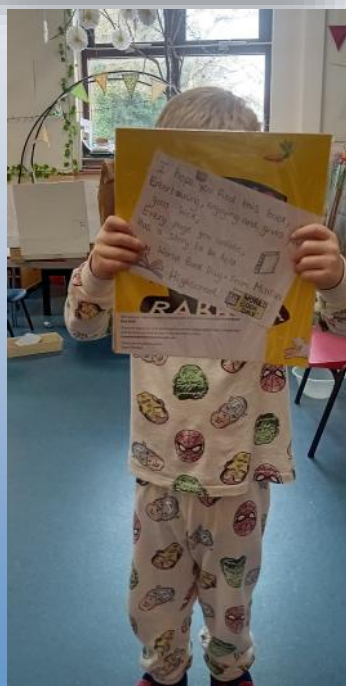


"Just to let you know my Grandson found the book attached. He is in year 3 at Royles Brook. He really likes the story and managed to read it all tonight, thank you for making him happy."



My son, William, attends Breck Primary School and was so excited to find a "book tree" as he approached school today! He plucked Gangsta Granny from the tree. Thank you so much for such a kind, generous and thoughtful gift on World Book Day.

#TeamMillfield have been out and about hiding books for **#WorldBookDay** in our local community. Our children were delighted to find lots and lots of books outside our preschool. We chose Zog and Warning This Book May Contain Rabbits! What a wonderful idea and a very kind surprise.



My daughter found two books near Thornton practice children's park. She's so chuffed with them and can't wait to read them!

CONGRATULATIONS GO TO STUDENTS IN BIOLOGY, WHO HAVE PRODUCED OUTSTANDING EXAMPLES OF CREATIVE HOME LEARNING, IN WHICH THEY HAVE FOCUSED ON TOPICS DESIGNED TO IMPROVE EXAM PERFORMANCE.

learning@home

BIOLOGY MATHS SKILLS			
Maths Skill	Percentage Change	Practice Worksheet	Paper 1: Year 11
Question		Answer	
1	A student measures the mass of a potato cylinder before and after being left in water. Original mass = 4.00 g. New mass = 4.60 g. Calculate the percentage change in mass.	$\% \text{ change} = \frac{\text{Final} - \text{Initial}}{\text{Initial}} \times 100$ $\frac{4.60 - 4.00}{4.00} \times 100 = 15\%$	15% increase
2	The length of a rock tip increases during a practical. Original length = 12.0 mm. New length = 15.0 mm. Calculate the percentage change in length.	$\% \text{ change} = \frac{F - I}{I} \times 100$ $\frac{15 - 12}{12} \times 100 = 25\%$	25% increase
3	A respirometer shows oxygen uptake changes over time. Original oxygen uptake rate = 2.5 cm ³ min ⁻¹ . New oxygen uptake rate = 2.0 cm ³ min ⁻¹ . Calculate the percentage change.	$\% \text{ change} = \frac{F - I}{I} \times 100$ $\frac{2 - 2.5}{2.5} \times 100 = -20\%$	-20% decrease
4	A student counts stomata on a leaf surface. Original count = 160 stomata. New count = 200 stomata. Calculate the percentage change.	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{200 - 160}{160} \times 100 = 25\%$	25% increase
5	A piece of plant tissue is placed in sucrose solution. Original mass = 3.20 g. New mass = 2.88 g. Calculate the percentage change in mass and state what direction of water movement this suggests (into or out of the tissue).	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{2.88 - 3.20}{3.20} \times 100 = -10\%$	-10% decrease water moved out of tissue into water
6	In a serial dilution investigation, the number of colonies on an agar plate changes after transferring aseptic technique. Original mean colony count = 65. New mean colony count = 51. Calculate the percentage change in mean colony count.	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{51 - 65}{65} \times 100 = -21.5\%$	-21.5% decrease
7	Enzyme activity is measured at two temperatures. Rate at 20°C = 0.40 mg min ⁻¹ . Rate at 30°C = 0.62 mg min ⁻¹ . Calculate the percentage increase in rate from 20°C to 30°C.	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{0.62 - 0.40}{0.40} \times 100 = 55\%$	55% increase
8	A student measures a plant's transpiration rate. Original rate = 0.18 cm ³ h ⁻¹ . New rate = 150 mm ³ h ⁻¹ . Calculate the percentage change. (Hint: 1 cm ³ = 1000 mm ³)	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{150 - 0.18}{0.18} \times 100 = 83333\%$	83333% increase
9	A colorimeter gives absorbance values. Original absorbance = 0.075. New absorbance = 0.091. Calculate the percentage change, giving your final answer to 2 decimal places.	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{0.091 - 0.075}{0.075} \times 100 = 21.33\%$	21.33% increase
10	A class compares mean diffusion distance in agar cubes between two conditions. Mean diffusion distance initially = 6.4 mm. Mean diffusion distance after change = 5.6 mm. Calculate the percentage change in the mean. (b) Calculate the actual length in micrometres (µm), giving your answer to 2 decimal places.	$\% \Delta = \frac{F - I}{I} \times 100$ $\frac{5.6 - 6.4}{6.4} \times 100 = -12.5\%$	-12.5% decrease

guided READING

Forces and Speed: New Zealand Elite Cyclists

10 Why are modern bikes made with shapes like this? To cut through the air, reduce air resistance.

9 During what does an aero helmet do to help the rider? Reduces air resistance, air goes smoothly to the head.

8 During how does using special handlebars help reduce air resistance? Helps you stay lower, less slatter, less resistance.

7 During why do cyclists wear tight clothing? To let air move more freely around the body, reduce air resistance.

6 During give one way a cyclist can make themselves go faster. Push harder on the pedals to make a stronger forward force.

5 During Explain what terminal velocity means in your own words. It's when you get faster but air forces and pulls you back.

4 During What do we call it when the pushing and slowing forces are equal? terminal velocity, balanced.

3 During Name two things that slow a cyclist down. friction, rolling resistance.

2 During What is air resistance? The air pushing against you.

1 Predict: What do you think happens if a cyclist pushes harder or changes how they ride? Pushing harder, faster.

Forces and Air Resistance: Cyclists in New Zealand use a special wind tunnel at Canterbury University to test how they can go faster. One way to do this is by reducing air resistance. This is the force that pushes back against you when you move through the air. At high speeds, it becomes the main thing slowing cyclists down. If they reduce air resistance, they can go faster without using more energy.

Forces and Speed: A force is a push or a pull. When you ride a bike, you push on the pedals to move forward. But two things try to slow you down: **Air resistance** - the wind pushing against you. **Rolling resistance** - the tyres pressing on the ground. Eventually, the forces pushing and slowing become **balanced**. This means your speed stays the same. This speed is called **terminal velocity**. It's like when a skydiver falls - they go faster until air pushes back enough to stop them speeding up.

Two Ways to Go Faster on a Bike: Push harder on the pedals to make a bigger forward force. Make less air resistance, so it takes longer for the forces to balance out.

How to Reduce Air Resistance: Most of the air resistance comes from the rider's body. Here are some ways to reduce it: **Tight clothes** - help the air move around your body more easily. **Lower body position** - using special handlebars lets you crouch down and reduce how much of you hits the air. **Bike setup** - changing the seat or handlebar height helps you stay lower and flatter. **Bike design** - modern bikes are made from carbon fibre and shaped like raindrops to cut through the air. **Smooth tyres** - make less resistance and help the bike roll more easily.

KEYWORDS: Aerodynamic drag, Resistance, Force, Balanced, Terminal velocity, Frontal area, Carbon fibre, Pressure, Rolling resistance, Acceleration.

Describe what is produced when a single cell divides by mitosis.

As mitosis occurs, two genetically identical daughter cells are formed. These cells are diploid.

(Total for question = 3 marks)

***Full sentences Exam Question 6/6**

Mitosis and Meiosis are types of cell division. Compare these two types of cell division (6 marks)

Mitosis creates two genetically identical daughter cells, they are diploid cells.

They both are cell division types and

Mitosis	Meiosis
Genetically identical	Genetically varied
46 chromosomes	23 chromosomes
2 daughter cells	4 daughter cells
Diploid cells	Haploid cells
Asexual reproduction	Sexual reproduction
Body cells	Gametes
Growth & repair	Formation of gametes
1 cell division	2 cell divisions

(Total for question = 6 marks)

YOU NEVER FAIL UNTIL YOU STOP TRYING

Answer the question with a cross in the box you think is correct. If you change your mind about an answer, put a line through the box and then mark your new answer with a cross in it.

Figure 1 shows a root cell in a stage of mitosis.

Which stage of mitosis is shown in Figure 1?

A prophase
 B metaphase
 C anaphase
 D telophase

Describe what is happening in Figure 1.

The chromosomes have been pulled by the spindle fibres to opposite ends of the cell, this phase is anaphase.

(Total for question = 4 marks)

GROWTH MINDSET TAKE CONTROL OF YOUR LEARNING

Identify 3 aspects of your learning that you recognise you need to improve on. Use the BBC Blesize to make revision notes, allowing you to grow and develop your knowledge. Type into Google: BBC Blesize Education Combined Science/Triples Science. Select the aspect you are focussing on.

Identify your gaps in learning

1. Sexual and asexual reproduction
2. DNA replication

Gap 1: Sickle cell is found on the recessive gene. For a normal person it is a heterozygous but dominant, meaning they're a carrier but it's not affected. This means it's 50/50 to be a carrier, 25% to be a carrier, 25% to be a carrier and 25% to be a carrier and 25% to be a carrier.

Gap 2:

Asexual	Sexual
One parent	Two parents
Genetically identical	Genetically varied
Mitosis	Meiosis
Body cells	Gametes
46 chromosomes	23 chromosomes
1 cell division	2 cell divisions

Gap 3: Protease enzymes help break down the proteins. A student can control this investigation with: Temperature, volume/concentration of solution.

GCSE G: Home Learning Topic 2: Cell Division

TEACHER FEEDBACK

STRENGTHS	ACTION POINT
1. Identified stages of mitosis from photomicrographs.	1. Name the stages of mitosis and explain what is occurring at each stage.
2. Explained what is produced from the process of mitosis.	2. Explain what is produced at the last stage of mitosis.
3. Calculated the time spent during mitosis as part of the cell cycle.	3. Calculate the time spent during mitosis as part of the overall cell cycle.
4. Explained the part of the cell cycle where DNA replication occurs.	4. Describe where DNA replication occurs during mitosis.

PROUD

P - presentation
R - ruler
O - orange
U - underline
D - draw in pencil
S - stick in sheets
C - capital letters
P - punctuation

ACT NOW

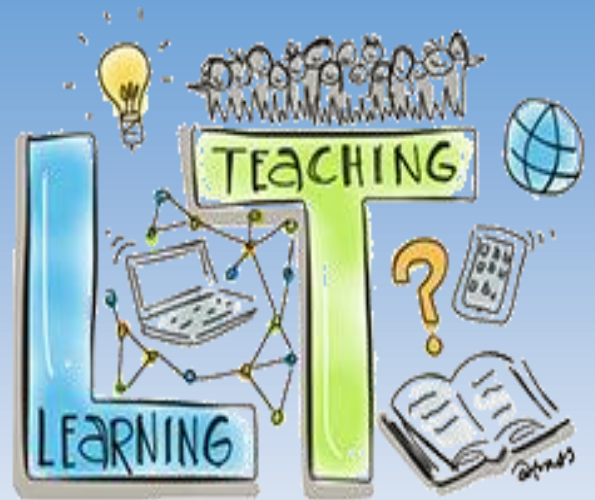
Use the information in your Action Point (as highlighted in pink) to review your work. Ensure you have addressed the feedback and use any guidance provided by your teacher. COMPLETE IN PURPLE PEN

13/14 Describe what occurs during interphase. Interphase is where cell contents and DNA is replicated.

BRIDGING RESEARCH AND THE CLASSROOM

The Future of Learning at Our School

In the 2025-26 academic year, our pedagogical approach has shifted from "what we teach" to "how students learn". By grounding our classroom strategies in cognitive science and rigorous quality assurance, we are ensuring that every student - regardless of background - is prepared for their next phase of education.



The Science of Memory: From Short-Term to Long-Term

The latest research into **Metacognition** and **Cognitive Load Theory** suggests that learning is a change in long-term memory. To achieve this, our staff are explicitly teaching revision skills rather than assuming students "just know" how to do it.

- ◆ **Retrieval Practice:** We are moving away from passive "re-reading" towards active recall. You may see students using "Brain Dumps" or flashcards via the **Leitner System*** to pull knowledge out of their minds, strengthening neural pathways. *(The Leitner system is a flashcard based learning method that uses spaced repetition to prioritise difficult information and improve long-term memory retention.)
- ◆ **Dual Coding:** Teachers are increasingly combining verbal explanations with simple visuals to reduce "cognitive overload," making complex concepts more accessible.

Spotlight on Practice: The "Spanish Success"

A recent learning walk in our MFL department highlighted exactly how these research-led strategies look in action. Year 8 students were observed producing **80-90 words** of high-quality Spanish in a single task—a result of high "linguistic stamina" and disciplined "Turn and Talk" routines. This demonstrates that when we set ambitious standards and provide clear models, students rise to the challenge.

The Professionalism and Growth

Behind every successful student is a teacher committed to their own development. Through the use of **IRIS Connect** and peer coaching, our staff are constantly refining their craft. We are fostering a culture where feedback is a gift, and professional achievements are celebrated weekly.

As we move into the second half of the year, our focus remains clear: using evidence-based strategies to create an orderly, inclusive, and academically rigorous environment where every child can thrive.

By embracing these innovative approaches, we are creating a learning environment that is both stimulating and effective. We believe that by equipping our students with the skills and knowledge they need to succeed, we are preparing them for a bright future.

Millfield is dedicated to providing a high-quality education that inspires and empowers our students

- ◆ Teacher Magazine: <https://www.edweek.org/teaching-learning>

We're proud of the exceptional learning environment we've created at our school. By working together, we can empower our students to become lifelong learners and future leaders.

STUDENTS' ARTWORK SELECTED FOR YOUNG SEASIDERS EXHIBITION 2026

We are delighted to share some fantastic news from our Art Department. A number of our talented students from Years 7–10 have had their artwork selected for the **Young Seaside Exhibition 2026**, organised by the Blackpool Gazette.

The exhibition celebrates creativity from schools across the Fylde coast and features a wide range of artistic styles and materials. Selected pieces from our students are now on display at the Blackpool School of Arts Gallery, where they are being showcased alongside work from other local schools.

This year's entries included artwork created through **classwork, home learning and Art Club**, including a wonderful collection of bugs produced by our Year 8 students as part of their home learning project.

Brooke Talbot

Alice Glass

Imogen Byrne

Eva Thornburrow

Eric Balint

Lily Dreyer

Emily Barrie

Lacie Derbyshire

Isla Lowry

Izzy Murgatroyd

Imogen Douglas

Sophia Green

Makenzie Eckley

Timur Whiteside

Mitchell Roney



We are especially proud to congratulate our **two winners, Tom Clarke and Olivia Binns**, whose artwork particularly impressed the judges.

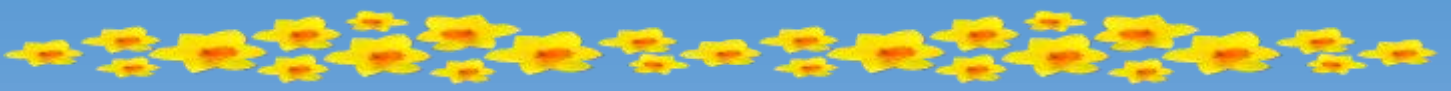
A huge well done also goes to the other students whose work was selected for the exhibition.

Their creativity, effort and enthusiasm have resulted in a fantastic display that represents our school brilliantly. Certificates will be presented to the students during an upcoming assembly.

Parents and families are warmly encouraged to visit the exhibition at the **Blackpool School of Arts Gallery**, where the work will be on display **from 10 March to 3 April**. It's a wonderful opportunity to see the impressive artistic talent from across our region.

Well done to all of our students involved – we are incredibly proud of you!

A promotional poster for 'The Gazette young seaside 2026 School Arts & Crafts Exhibition'. The poster features the title in red and blue, a photo of students with their artwork, and a red arrow pointing to the exhibition details. The details include the location 'Blackpool School of Arts' Gallery, FY1 4ES, and the dates 'Tuesday 10th March to Friday 3rd April'. It also lists the opening hours for each day: Monday (9am-5pm), Tuesday (9am-5pm), Wednesday (9am-5pm), Thursday (9am-8pm), and Friday (9am-5pm). At the bottom, it provides contact information for 'The Promotions Team' at 07786060702 and mentions an association with the Blackpool School of Arts and B&FC.



EQUALITY



International Women's Day

INTERNATIONAL WOMEN'S DAY AT MILLFIELD

International Women's Day is celebrated around the world to recognise the achievements of women and to promote equality and opportunity for everyone. At Millfield, students marked the occasion with a range of activities designed to inspire, educate and empower young people.

Throughout the week, students took part in **International Women's Day assemblies each day**, where they learned about the achievements of influential women, the importance of gender equality and how people can work together to create a fairer future. These assemblies encouraged students to reflect on the progress that has been made and the challenges that still exist for women and girls around the world.

As part of the celebrations, **Year 9 girls also had the opportunity to visit Blackpool Sixth Form** to take part in a special International Women's Day event.

During the day, students participated in a range of **interactive workshops and talks** led by inspiring guest speakers and professionals. The sessions focused on building confidence, exploring career opportunities, learning about wellbeing and discussing important issues affecting women today.

One workshop, **"Become Unstoppable: Empowering Success Through Values, Beliefs and Vision,"** encouraged students to discover their strengths and think about their future ambitions. Another session, **"Elevate and Dominate,"** focused on developing confidence and overcoming self-doubt so that young women could feel empowered to achieve their goals.

Students also learned about **careers in engineering and technology**, helping them to understand the wide range of opportunities available in these fields. Organisations such as **Next Tech Girls** aim to inspire more young women to consider careers in technology and help close the gender gap in the industry.



Other workshops explored important topics such as **sexual health, menstruation and wellbeing**, providing students with the opportunity to ask questions and learn in a supportive environment. There was also a creative session where students made **self-care products such as bath bombs and lip balms**, highlighting the importance of looking after both physical and mental wellbeing.

In addition to the workshops, students heard from guest speakers who shared their experiences and career journeys. These speakers highlighted the many different paths young women can take and encouraged students to believe in their potential.

International Women's Day is not only about celebrating the achievements of women but also about inspiring the next generation. Through assemblies, workshops and discussions, Millfield students are encouraged to support equality, recognise women's achievements and feel confident in pursuing their own goals.





The **Student Committee** have been very busy this term with their leadership skills and driving forward their actions on the Student Development Plan. On 5th March the Senior Students and other members of the Student Committee from Key Stage 3 updated SLT on their actions points and presented their RAG rated development plan. It was very exciting as so many things have been achieved. There are more activities and sports taking place at lunch time, intervention is supported and well received by the students at lunch as a drop in and developments are starting to take place in the Eco Garden, with recycling bins and outside areas. Some of the Committee are looking forward to meeting our PTFA to update them on community events in the future.

They are also looking forward to the next **Community Coffee Morning** which will be taking place on 24th March at 9.30am. Please come along and meet our students. They have also planned a few songs for the event.

Coffee & Chat Morning

Millfield's Student Leadership Team invites **families, neighbours, and the local community** to join us for **tea, coffee, biscuits, and a chat** - everyone is welcome!

Tuesday 24th March 9:30 - 10:40AM

OUR PTFA NEEDS YOU

IF YOU WOULD LIKE TO JOIN THE PTFA TEAM AND HELP RAISE FUNDS FOR OUR SCHOOL, CONTACT US VIA admin@millfield.lancs.sch.uk

Be Exceptional

We are still pushing forward our graduation programme and Mrs Crook was extremely impressed with the effort and buzz surrounding the tasks when she went around all of the Year 9 forms on Friday morning. All students were on with their tasks and form tutors were recording them as the competition is on. So many students have been joining extra-curricular clubs; it was nice to see a new group of year 9s joining Italian club and badminton amongst others.

Graduation

The winning house this term is Bears but it is so close. Who will it be at Easter? You decide!

HOT CHOCOLATE WITH THE HEAD

Liv Furnevall	7B2 GBL
Isla Watson	7S1 ASN
Emily Kenyon	7B1 ADW
Noah Booth	7H2 STA
Jessica Wilkinson	7H1 CPN
Maizie Davies	7H1 CPN
Will Shaw	7R2 ARD

All of the above students have been nominated by Mrs Bell for their excellent work in PSHE.



House Leaderboard



4611

House Points



4736

House Points



4561

House Points



4564

House Points

It's a battle for the podium!
Only 3 points separate the Sharks and the Rhinos for that third-place spot. Every single point counts, get involved and support your house!



Here are our latest star students, nominated by their teachers for their exceptional work.



eco club march update



To Millfield Eco Club,

I enjoy reading about your positive impact on the environment in the Millfield messenger.

I would like to set you a challenge!! I have enclosed some

Sunflower Seeds to aid you in this challenge.

- How many different colours can you grow?

- Can you set/beat Millfield's personal record of the tallest Sunflower?

I look forward to reading about your progress.

MRS.C.

Eco Club received this note recently from a parent, who has proposed a challenge!

The Eco Club have a sunflower growing competition every year, and this year is no exception, so the donated seeds will be put to great use, along with wild flowers and other planting taking place over the next few weeks.

More details will be in our Easter update!

FUN FACT

Young sunflowers exhibit a fascinating behaviour known as heliotropism. They move to follow the sun's path across the sky, turning east in the morning and west in the evening. This helps them absorb maximum sunlight during the day.

The Great British Spring Clean - Friday 13 to Sunday 29 March

The [Great British Spring Clean](#) is Keep Britain Tidy's annual national clean-up campaign.

Here, members of the British public join forces with a range of partners to pick up litter and clean up our landscapes. This includes big businesses and trusts, alongside community groups and councils. This helps to change behaviour permanently by spotlighting the problems caused by littering.

[Our work | Keep Britain Tidy](#)

Our planet is drowning in plastic and waste, global warming is having a devastating impact on communities worldwide and, since the 1970's, the UK has lost almost half of its biodiversity, ranking at the bottom of the G7.

Closer to home, every community in the country is faced with an environment in crisis, strewn with litter and blighted by fly tipping, where nature is suffering because of both our actions and our inaction. This means that, at Keep Britain Tidy, we are more focused than ever on our mission to tackle local environmental damage from the ground up because we believe everyone has the right to love where they live.

Making a difference

But there is hope. Thousands of people are volunteering across the country, cleaning up the litter that others are mindlessly throwing away. They are doing beach cleans, volunteering to improve our parks and green spaces and supporting biodiversity by tackling invasive species and creating nature-friendly spaces where wildlife can thrive. We call those people Litter Heroes and each and everyone of them is making a difference, every day, all across the country.

The changes we need are straightforward but significant and everyone can play their part - millions of small actions, when taken together, can make a big difference.

<https://www.visitcleveleys.co.uk/environment/beach-care/community-beach-cleaning/>

Wyre Council logo at the top right. The poster title is 'Cleveleys Beach Cleaners'. Below the title is a list of dates for beach cleaning events: 11 January and 25 January; 8 February and 22 February; 8 March and 22 March; 5 April and 19 April; 3 May and 24 May - 3 week gap to allow changing tide times; 7 June and 21 June; 5 July and 19 July; 2 August, 16 August and 30 August; 13 September; 4 October and 18 October - 3 week gap for changing tide times; 1 November, 15 November and 29 November; 13 December and 27 December. At the bottom, it says '10.00am to 11.00am. Meet at Sea Swallow sculpture at top of Victoria Road West. All equipment provided but please bring your own gloves and wear suitable footwear. Children are very welcome but must be supervised by a responsible adult.' There is a Facebook icon at the bottom right.

THE LAST OF THIS TERM'S COMPETITIONS!






KS3 March to April Half Term House Competitions



Department	Competition	Year Group	Details	Staff Contact	Date
Equality	Lanyard competition	All	Find the equality information on staff members lanyard for a chance to win an Easter Egg	Ms Fenton-Jones	Handed to Ms Fenton-Jones by 20th March.
Food 	Celebrity menu 'eggciting' challenge	All	Can you create a 2-course menu for a celebrity you would like to cook for. You must include 'an egg' as one of the ingredients in your dishes. Give reasons for your choice of menu.	Miss Norman	Deadline is 23rd March. Entries need to go to Miss Norman.
Head of House	The Great Dobble Challenge	All	A fast-paced inter-house challenge testing speed, focus, and sharp eyes as students race to spot matching symbols first.	Miss Weir and Mrs Warburton	This is on 23rd March at lunchtime in the Library.

KS4 March to April Half Term House Competitions



Department	Competition	Year Group	Details	Staff Contact	Date
Head of House 	The Great Dobble Challenge	All	A fast-paced inter-house challenge testing speed, focus, and sharp eyes as students race to spot matching symbols first.	Miss Weir and Mrs Warburton	This is on 23rd March at lunchtime in the Library.
Maths 	Solving equations 	KS4	Solve the equations given out in your maths lesson	Mrs McOmish	These need to be completed by Friday 27th March.
Science	Quiz Time 	KS4	A multiple-choice quiz based across the 3 sciences that they have covered in that time.	Miss Latham	These need to be completed by Friday 27th March.
Blooket English 	Blooket Challenge	KS4	Who will come at the top of the leaderboard?	Miss Southern	These need to be completed by Friday 27th March.

RED NOSE DAY 2026

Join lunchtime bingo, quizzes and more to raise funds and make a difference!

#RedNoseDoodle Challenge

Open to Students, Staff, Parents, Carers and Friends of Millfield!

Collect a nose off Mrs Riley in A23 and create a face keeping the nose red! It could be a portrait, character, or your own hybrid design. For more info see HOH slides.

Hand in to Mrs Riley in A23 BY Thursday 19th March.

Display in the Hall on Friday 20th.

Form Time Quiz

Your Form will take on the ultimate trivia challenge during your designated House Form Time slot this week.

Study up on your sports stars and random facts!

Which Form will be the smartest in the school?

Form Tutors: Questions in form folders. Please pass answer sheet on to your HOH.

Comic Relief Bingo

Friday 20th March at Lunch All-Years are welcome

The grand finale! We're bringing the whole school together for a massive session of Bingo in the Theatre.

Grab your markers and get ready to shout "HOUSE!"

Entry: Donate £1 on Parent Pay, or bring £1 to gain entry on the day.

The Rewards

Boost your House total! We are handing out points for participation and victory:

1 House Point: For every competition entry, quiz taken, or bingo card played.

5 House Points: For the competition winner, the top-scoring quiz Form, and every "Full House" called!

Red Nose Day 2026 at Millfield!

Join our 3 events for @comicrelief:

 #RedNoseDoodle (Due 19th)

 House Form Time Quiz

 Bingo in the Theatre (Fri 20th!)

Check the image for all entry info &

House Point details! #RedNoseDay

#TeamMillfield

To take part, donate on ParentPay



COMIC RELIEF

We Celebrate Success!

Has your child done something out of school that merits celebrating? Won a competition? Taken part in a show? Performed an act of kindness that deserves a mention? Helped in their community?

If you feel your child has achieved or done something to celebrate, please email their Head of House and let us know! Include a picture if you can and you may feature in our next edition of 'We Celebrate Success!'

Rhinos - S.Wier@millfield.lancs.sch.uk

Sharks - A.Simpson@millfield.lancs.sch.uk

Hawks - C.McOmish@millfield.lancs.sch.uk

Bears - E.Covill@millfield.lancs.sch.uk

HAWKS Exceptional Achievement

Huge congratulations to Sophie! She has been playing with Wyre Netball Club for over seven years, and we are so proud that she is now taking this to another level.

Alongside playing in extremely competitive leagues, Sophie has completed over 50 volunteer hours coaching primary age groups and our own Year 7 after-school clubs. We are so proud of your dedication on and off the court, Sophie!



Wyre Netball Club
A club with community at its heart

RHINOS Exceptional Achievement

We are so proud of Ellie and her incredible drive and dedication.

So far this year, Ellie has been on an absolute roll! She recently crushed her 4th consecutive Blackpool 7.5km Night Run for Brian House, shattering her personal best by a staggering 13 minutes.



The winning streak continues on the court, too - after completing her online studies and over 20 hours of mentoring, Ellie has officially passed her England Netball into officiating course. Congratulations Ellie!



HOT CHOCOLATE WITH THE HEAD

Eleanor-Rose Dunnett	9 S6 CGR
Emily Henson	9 S6 CGR
Cordelia Hiney	9 H6 TYE
Isobelle Morton	9 H5 LJO
Mallory Rowe	9 R6 EAV
Lexie Kate Wilson	9 R5 GHI

All of the above students have been nominated by Miss Cambridge for their excellent work in Dance.

We Celebrate Success!

In Year 9 English, students have been completing a character analysis from 'Of Mice and Men'.

#TeamMillfield
#BeExceptional

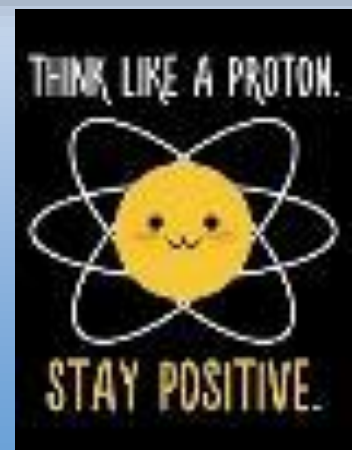


HOT

CHOC-

Caiden Avery	10A CMC
Belle Betty	10D RBL
Declan Ginger	10H CGO
Lily Davis	10D RBL
Alice Little	10B DJS
Mitchel Roney	10C KHA
Olivia Binns	10D RBL

All of the above students have been nominated by Mrs Riley for their excellent work in Art



LIMITED SPACES AVAILABLE

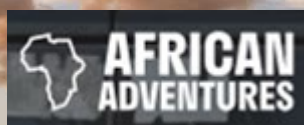
Adventure of a Lifetime

Millfield's school trip to Africa 2027

KENYA

Discovering the wonders of Kenya, one step at a time.

Volunteering Roles



3 Star Hotel Stay



Three meals a day



Activities Included



Tours & Transport



Tour Guide



Sight Seeing

£2,465
*fundraising and sponsorship will help reduce this cost.

8 NIGHTS

Travel 24th July 2027
Deposits paid: 15th February 2026

Call African Adventures For More Info:
023 8178 0957

Email For More Info:
info@africanadventures.co.uk
s.taylor@millfield.lancs.sch.uk

African Adventures is a unique travel company, partnered with 34 schools in developing areas of Ghana, Kenya and Zanzibar, and organise life-changing trips for people who want to help bring our work to life.

We pride ourselves on our ethical, sustainable volunteering model that puts our partner schools at the heart of everything we do. They tell us what help they want, and we recruit volunteers from the UK and beyond to make it happen. Whether it's building a new classroom or installing new sanitation facilities, we put their needs first.

23 March

Year 11 Drama exam -
Component 3
Community Coffee Morning

25 March

Year 9 Careers Day
Year 9 Options Evening

26 March

RSE Day - all years
Year 8 Reports home
PTFA Easter egg

Tombola 9.45-11.15am

27 March

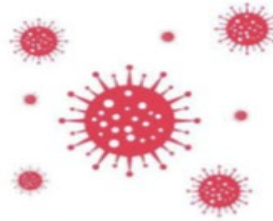
Top 50 House Points Reward Day

Early Closure 1.05pm

Measles

Don't let your child catch it

If you're not vaccinated



You're not protected



You need 2 doses of MMR to protect against measles.

Ask your GP for advice.
It's free!

These booster sessions are running over the Easter holidays - don't forget to sign up!

Easter Holidays
Biology
Revision Session for Y11!
Thursday 9th April

Session 1: Triple Science
9:30am - 11:30am

Session 2: Combined Science
12:00pm - 2:00pm

Spaces Are Limited!
Sign up with Dr Gorst!

EASTER HOLIDAY
PHYSICS BOOSTER
WEDNESDAY 1ST APRIL

TRIPLE SCIENTISTS
9:30 AM - 11:30 AM

COMBINED SCIENTISTS
12:00 PM - 2:00 PM

LOCATION:
PHYSICS DEPARTMENT

Put your name on the sign-up sheet!

- Exam Practice
- Key Equations
- Topic Reviews
- Tips for Extra Marks

EASTER HOLIDAY
CHEMISTRY BOOSTER
TUESDAY 31ST MARCH

TRIPLE SCIENTISTS
9:30 AM - 11:30 AM

COMBINED SCIENTISTS
12:00 PM - 2:00 PM

LOCATION:
MISS LATHAM'S ROOM

Put your name on the sign-up sheet!

- Exam Practice
- Key Equations
- Topic Reviews
- Tips for Extra Marks