Issue No 5
13th November 2026

Millfield MESSENGER

Belvedere Road, Thornton Cleveleys, FY5 5DG Telephone 01253 865929



Mon 16th November
School Closed for Inset Day

17th - 30th November
Year 11 GCSE Mock Exams

Wed 18th November
Certificate Collection Evening

Thurs 19th November
International Men's Day

Fri 26th November
Millfield's Got Talent 2026

Mon 30th November
Year 10 Interim Reports out to Parents

1st - 4th December
Art Mock Exams

Tues 1st December
Year 7 Sharing Assembly

Wed 2nd December
Year 10 Progress Evening 3.15pm-6.15pm

Thurs 3rd December
Morrisons Bag Packing

Fri 4th December
RE - Manchester Moot Trial Trip (Year 9)
Carol Singing

Dear Parents and Carers



Welcome back to the second half of the autumn term. I hope you enjoyed a restful half term break and had the opportunity to spend some quality time with family and friends. It has been wonderful to welcome our students back to school, and I am delighted with how quickly they have settled back into the routines of school life. Across the school, students have returned with a positive attitude, working hard, embracing opportunities and demonstrating our values of being their very best every day.

As part of our outstanding personal development programme, last week we held our annual Careers Convention. Students from all year groups had the opportunity to speak with a wide range of local employers, colleges, universities and training providers, learning more about potential career pathways and future aspirations. I would like to thank all the visitors who generously gave up their time to support our students and share their expertise. Events such as these play a vital role in helping our students make informed decisions about their futures and raising their ambitions for what they can achieve.

I would also like to thank everyone who supported our Harvest Appeal. During the half term holidays, Mrs McOmish, Mrs Warburton and Miss Weir visited Streetlife in Blackpool to deliver the donations from our families. The donations were gratefully received and will be used to create food parcels for individuals and families who may be struggling during the winter months. I am incredibly proud to share that this was the largest donation Millfield has made to Streetlife in the past three years. Thank you to everyone who contributed so generously; your kindness will make a real difference to our local community.

Our senior students represented Millfield with great maturity and respect during the Thornton Remembrance service. It was a privilege to see students laying a wreath at the cenotaph on behalf of our school, honouring those who have served and sacrificed for our country. It was also wonderful to see our Millfield cadets proudly wearing their uniforms. Back at school, students and staff joined together for a two-minute silence on Remembrance Day, providing a moment to reflect, remember and pay tribute to those who gave so much for the freedoms we enjoy today. It was also a pleasure to attend St John's Church and watch our school choir perform as part of the Concert for Nepal and the Remembrance Service on 11th November. Their performance was outstanding and it was wonderful to see our students contributing to such important community events alongside local organisations and residents.

Our Performing Arts students have also enjoyed another busy and successful period. Last week, students took part in a dance festival at the beautiful Tower Ballroom, showcasing their talent, dedication and confidence in front of a wider audience. We are incredibly proud of all the students who performed and represented the school so well.

You can keep up to date with everything happening at Millfield by following us on X @millfieldhighsc

Thank you, as always, for your continued support.

N. Regan

Mrs N. Regan
Headteacher

Spotlight on SEND

A STRENGTHS SPOTLIGHT

THE SUPERPOWERS OF ADHD

ADHD can bring real challenges. Here are some strengths that people with ADHD have described in their own lives.

01

Creative thinking

Connecting unexpected ideas and finding fresh approaches.

02

Deep focus

Getting absorbed in something that really interests you.

03

Energy & enthusiasm

Bringing momentum to projects and activities you care about.

04

Spontaneity

Trying something new or coming up with ideas on the spot.

FAMOUS PEOPLE WITH ADHD

They've spoken publicly about having ADHD.

Simone Biles
Olympic gold medallist in gymnastics

Michael Phelps
23-time Olympic gold medallist in swimming

will.i.am
Grammy-winning artist with the Black Eyed Peas

Everyone's ADHD is different.

Your strengths are your own, and it's OK to need support.



Last Sunday, senior students joined our community, representing Millfield at the Thornton Cenotaph, paying their respects and laying a wreath in remembrance.



Sgt.Jones - Thornton Cleveleys Cenotaph



Students have written on their poppies to record who or what we are remembering and why remembrance remains important. Their poppies have then been used to create this beautiful and poignant Remembrance Day corridor display



EQUALITY

Noun:
the state of being equal, especially in status, rights, or opportunities

Different, Not Divided: Why Equality and Inclusion Matter

Every day at school, we learn alongside people with different backgrounds, experiences, beliefs and identities. These differences make our community stronger, more interesting and more successful. Equality and inclusion are about making sure that everyone feels valued, respected and able to take part, regardless of who they are.

What Does Equality Mean?

Equality means giving everyone a fair chance to succeed. It does not mean treating every person exactly the same. Instead, it means ensuring that people are not treated unfairly because of certain characteristics that are protected by law.

In the UK, the **Equality Act 2010** identifies nine **protected characteristics**:

- Age
- Disability
- Gender reassignment
- Marriage and civil partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation



The law helps protect people from discrimination, harassment and unfair treatment because of these characteristics.

What Does Inclusion Mean?

Inclusion is about creating an environment where everyone feels welcome and able to participate. An inclusive school values the contributions of all students and staff. It recognises that people have different needs and experiences, and it works to remove barriers that might prevent someone from feeling that they belong.

For example, at Millfield we provide additional support for disabled students, celebrate different cultures through our assemblies, challenge stereotypes, and ensure that learning materials reflects a wide range of people and experiences.

Why Is This Important in Schools?

Schools are more than places where we learn subjects such as English, Maths and Science. They are communities where we learn how to live and work with others. Understanding equality and inclusion helps us develop respect, empathy and kindness.

When students feel accepted, they are more likely to be confident, achieve their best and contribute positively to school life. Inclusive schools also help prepare young people for life in modern Britain, where people from many different backgrounds live, study and work together.

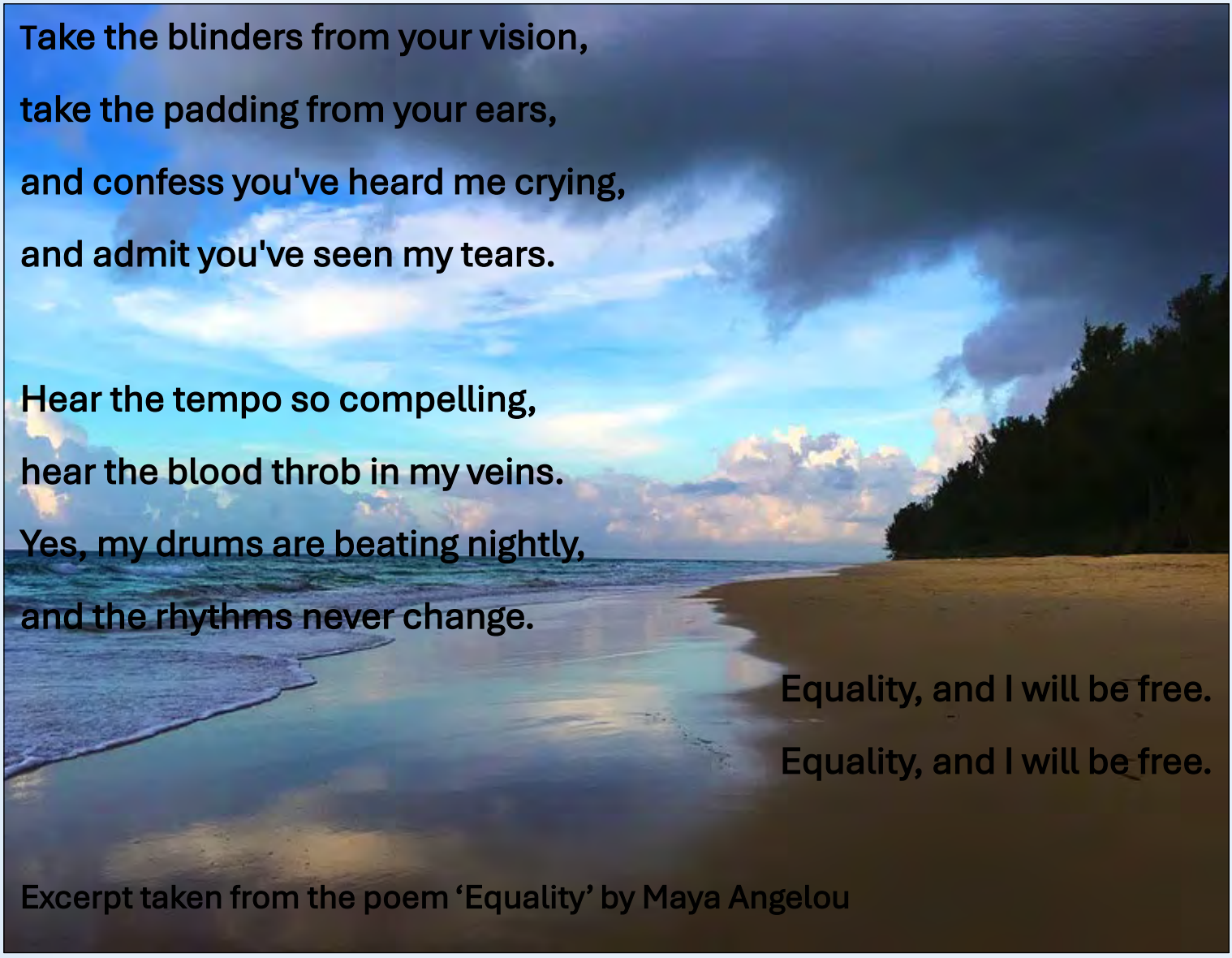
Small Actions Make a Big Difference

Promoting equality and inclusion is everyone's responsibility. We can all help by:

- Treating others with respect.
- Challenging stereotypes and prejudiced language.
- Listening to different viewpoints.
- Celebrating diversity.
- Standing up against bullying and discrimination.
- Making new people feel welcome.

The more we understand one another, the more respect we show; the more respect we show, the stronger our community becomes.

Equality and inclusion are not just rules written in a law. They are values that help create a school where everyone can learn, grow and succeed together.



Eco Club





Eco Club News – November

Month of Environmental Awareness, Wildlife and Protecting Our Planet

As autumn turns into winter, November is an important month for the environment. From protecting wildlife and planting trees to reducing waste and tackling climate change, there are plenty of opportunities to make a positive difference.

National Tree Week – 21st–29th November

National Tree Week is the UK's largest annual celebration of trees! Organised by the Tree Council, it encourages communities to plant trees and appreciate the important role they play in our environment.



Trees absorb carbon dioxide, release oxygen, provide habitats for wildlife and help reduce flooding. This year's theme, **"Trees Near You"**, encourages people to appreciate the trees in their local parks, gardens and school grounds.

Eco Challenge: Can you identify three different species of tree on your way to school?

♣ 10th November – World Science Day for Peace and Development

Science plays a huge role in protecting our planet. Scientists are developing renewable energy technologies, monitoring climate change and finding new ways to reduce pollution and protect endangered species.

♣ 26th November – World Sustainable Transport Day

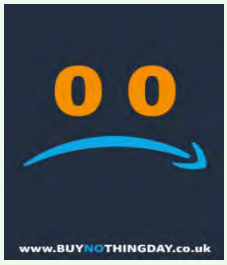


Walking, cycling, public transport and cleaner vehicles can all help reduce pollution. Choosing more environmentally friendly ways to travel can improve air quality and reduce greenhouse gas emissions.

♣ 27th November – Buy Nothing Day

BUY NOTHING DAY - NOVEMBER 27th 2026

Taking place alongside Black Friday, **Buy Nothing Day** encourages people to think about whether they really need to purchase something new. Repairing, reusing and buying second-hand can help reduce waste and save valuable resources.



November Wildlife Watch



November is an important time for British wildlife as temperatures drop and food becomes harder to find.

Hedgehogs: Many hedgehogs begin hibernating during autumn. Leaving leaf piles and undisturbed areas in gardens can provide valuable shelter.

Birds: Winter visitors arrive in the UK, while resident birds search for food. Starlings sometimes gather in enormous swirling flocks known as *murmurations*, creating spectacular displays in the evening sky.

Squirrels: Grey squirrels remain active throughout winter, relying on food they have stored during autumn.

Frogs and newts: Amphibians begin seeking sheltered places to spend the colder months, often hiding beneath logs, stones and vegetation.

Wildlife Tip: Before lighting a bonfire, always check for hedgehogs and other animals that may be sheltering underneath. Ideally, move the materials to a fresh location before lighting.

Five Ways to Help the Environment This November

1. **Leave some leaves:** Leaf piles provide shelter for insects and small animals and gradually break down to enrich the soil.
2. **Reduce food waste:** Plan meals, use leftovers and compost suitable food scraps.
3. **Save energy:** Turn off unnecessary lights and electrical equipment, particularly during the darker winter months.
4. **Help wildlife:** Provide clean water and suitable bird food, and leave some natural areas undisturbed.
5. **Choose reusable items:** Reusable bottles, lunchboxes and shopping bags help reduce single-use plastic waste.

Small Actions, Big Difference

You don't have to make huge changes to have a positive environmental impact. Whether it's walking instead of taking a short car journey, switching off unused lights or protecting wildlife in your garden, every positive action matters.

Eco Club's Message for November:

Protect wildlife, reduce waste and appreciate the natural world around you. Small changes today can help create a greener tomorrow!

Careers Fair & Careers Convention @Millfield!



On Tuesday 4th November, Millfield School was proud to host its annual Careers Convention, providing students from all year groups with an exciting opportunity to explore a wide range of future career and education pathways.



Throughout the event, students engaged with representatives from a diverse selection of employers, training providers and educational institutions, including Victrex, Rolls-Royce, EDF, BAE Systems, Lancashire Fire and Rescue Service, the Armed Forces, the RAF, Fleetwood Town FC, Blackpool and The Fylde College, Blackpool Sixth Form College, Myerscough College and a variety of STEAM-related industries.

The convention created a vibrant atmosphere as students moved between exhibitors, asking thoughtful questions about qualifications, career progression, apprenticeships, university routes and day-to-day working life in a range of professions. Many employers commented positively on the maturity, confidence and curiosity demonstrated by our students.

A particular highlight was the opportunity for students to gain first-hand insight into industries that play a major role in the local and national economy. Students were able to discover careers in engineering, manufacturing, construction, sport, emergency services, science, technology and public services, helping them to broaden their aspirations and understand the many opportunities available to them.

The event forms an important part of our careers programme, supporting students to make informed decisions about their future education and employment pathways. By speaking directly to employers and training providers, students developed a greater understanding of the skills, attitudes and qualifications needed to succeed in the workplace.

We would like to thank all of our visiting employers, colleges and organisations for giving their time to support our students. Their enthusiasm, expertise and willingness to share their experiences helped make the event a valuable and inspiring experience for everyone involved.

Our Careers Convention continues to play a key role in helping students raise their aspirations, explore future possibilities and develop the confidence to take their next steps towards successful futures.



Student feedback was overwhelmingly positive, with many reporting that the event introduced them to careers they had never previously considered and gave them a clearer understanding of the pathways available after school.

The Careers Convention is just one element of Millfield's commitment to preparing students for their future. Parents and carers can find additional information, resources and guidance in the Careers section of the Millfield website, where they can learn more about the opportunities available to students and how we support them in making informed decisions about their next steps. We encourage all families to take a look and explore the wide range of careers and education pathways available.

Please also encourage your child to complete their Personal Development log which allows them to reflect on key school events and experiences such as the careers convention.



Kenya Trip Fundraising Update



🌍🏃 **10K CHALLENGE COMPLETED**

Over £800 raised for our Kenya 2027 adventure!

What an incredible achievement from three members of staff at Millfield High School, who took on a 10K challenge to help raise funds towards the coach journey to the Airport for our students travelling to Kenya in July 2027 with African Adventures!

And they certainly did us proud! 💪

🥈 **Mr Grayston** – An outstanding performance, finishing 2nd in his age category! A fantastic achievement and something to be incredibly proud of!

🏃 **Mrs Hall** – Absolutely smashed her personal goal of completing the 10K in under an hour! An amazing achievement showing just what determination and hard work can do!

👏 **Miss Taylor** – Having no previous running experience and hates running, Miss Taylor took on the challenge and completed the entire 10K in 1 hour and 17 minutes! A huge personal achievement, proving that stepping outside your comfort zone can lead to amazing things!

But this is about so much more than a 10K!

In July 2027, some of our students will be travelling to Kenya to volunteer with African Adventures, supporting local communities and schools while gaining experiences and memories that will last a lifetime.

Every pound raised brings us one step closer to making this incredible opportunity possible.

A massive THANK YOU to everyone who has sponsored, donated and supported our staff. Your generosity really does make a difference!

And to our three runners – what fantastic role models for our students, demonstrating resilience, determination and the importance of working together for a greater cause!

gofundme

Scan to donate to STaylor TGrayston KHall Millfield's fundraiser
"Millfield Kenya 2027 Expedition Fundraiser"

🌎 **Team Millfield – Kenya 2027!**

If you would like to donate to getting our students to Kenya, please donate using the QR code here - every little helps and we still have a long way to go!

This is just the beginning of our fundraising journey! 💙



What we do

Take the volunteer trip of a lifetime and make a lasting difference in Africa.

At African Adventures, we work with over 50 schools in developing areas of The Gambia, Ghana, Kenya and Zanzibar, and organise life-changing group volunteer trips for people of all ages.

Whether you want to teach in classrooms or help build a new one, we'll match your skills with the right partner school to volunteer at, in the destination you choose, and build your experience around it.

17 Years of experience

10,931 Volunteers Travelled

18,000 Lives impacted in Africa

Whether your students want to help teach in classrooms or roll up their sleeves for hands-on building projects, we pair your group's strengths with the priorities of a partner school in your chosen destination.

Our school trips to Africa give your students the chance to experience a different culture first-hand and gain a deeper understanding of international development, including how communities and schools work towards long-term, locally led change.

de Manchester a España

On the 22nd of October the Millfield MFL students had the pleasure of visiting the Instituto Cervantes Spanish Language and Culture Centre in Manchester. There was a mixture of Year 11s to Year 8s, and all showed great Spanish language skills. The first task was to split into three groups and do some interactive language lessons with native Spanish speakers. Mrs Crook was so impressed with the students' knowledge of Spanish verbs when working in teams on a card sort.

We then had a session on Flamenco dancing. We learnt how to 'palmear' (clap), stamp our feet and move our bodies to the sound of the Spanish guitar. We all loved this and had so much fun! Olé!! The last part was watching a Spanish movie, which enabled the students to pick up some useful words and immerse themselves in the language.



Gracias to Mrs Arroyo-Murphy for organising the trip and to Mr McMinn for taking some great photos. We all look forward to the next one in 2027! Hasta luego!



The Instituto Cervantes is the official Spanish Language centre in Manchester. We run Spanish courses for all levels, from complete beginners to proficiency, aimed at developing the students' ability to understand, speak, read and write in Spanish. Our experienced native Spanish teachers are university qualified and have trained specifically to teach Spanish as a foreign language using the most up-to-date teaching method.



Buena suerte a los estudiantes de Year 11 en sus exámenes de prueba

STEAM @ Millfield

ALL THE COLOURS OF THE RAINBOW!

ECO Club joins in with STEAM

This week in STEAM Club, we explored how chromatography can reveal the colours hidden in everyday materials. We started with paper chromatography, testing different coloured felt-tip pens to see which inks were made up of a mixture of dyes.

We then took our investigation into the Eco Garden, collecting leaves and using the same technique to separate some of the pigments inside them. It was a lovely way to bring chemistry and biology together using leaves from our own school grounds.

Next week, we're looking forward to **Chemistry Week**, with plenty going on at lunchtime. On Wednesday, pupils can put their practical skills to the test in our **Chemistry Escape Room**, where each experiment brings them a step closer to cracking the code. On Thursday, we'll be **making fruit batteries**, and on Friday we'll round off the week with a few of our favourite **flash-bang demonstrations**!

Activities run from **1.15 to 1.40 pm**. Students can sign up for Wednesday's and Thursday's activities outside **B6**.

Mrs McRoberts
Head of STEAM



DID YOU KNOW?

A fruit battery works by turning the chemical energy stored in a fruit's acidic juice into a small electric current, using two different metals as electrodes stuck into the flesh. You can build one in about five minutes with a lemon, a copper coin or wire, and a galvanized (zinc-coated) nail. The voltage you get from a single fruit is modest, usually around 0.7 to 1 volt, but the science behind it is the same electrochemistry that powers commercial batteries, just with fruit juice standing in for a manufactured electrolyte.

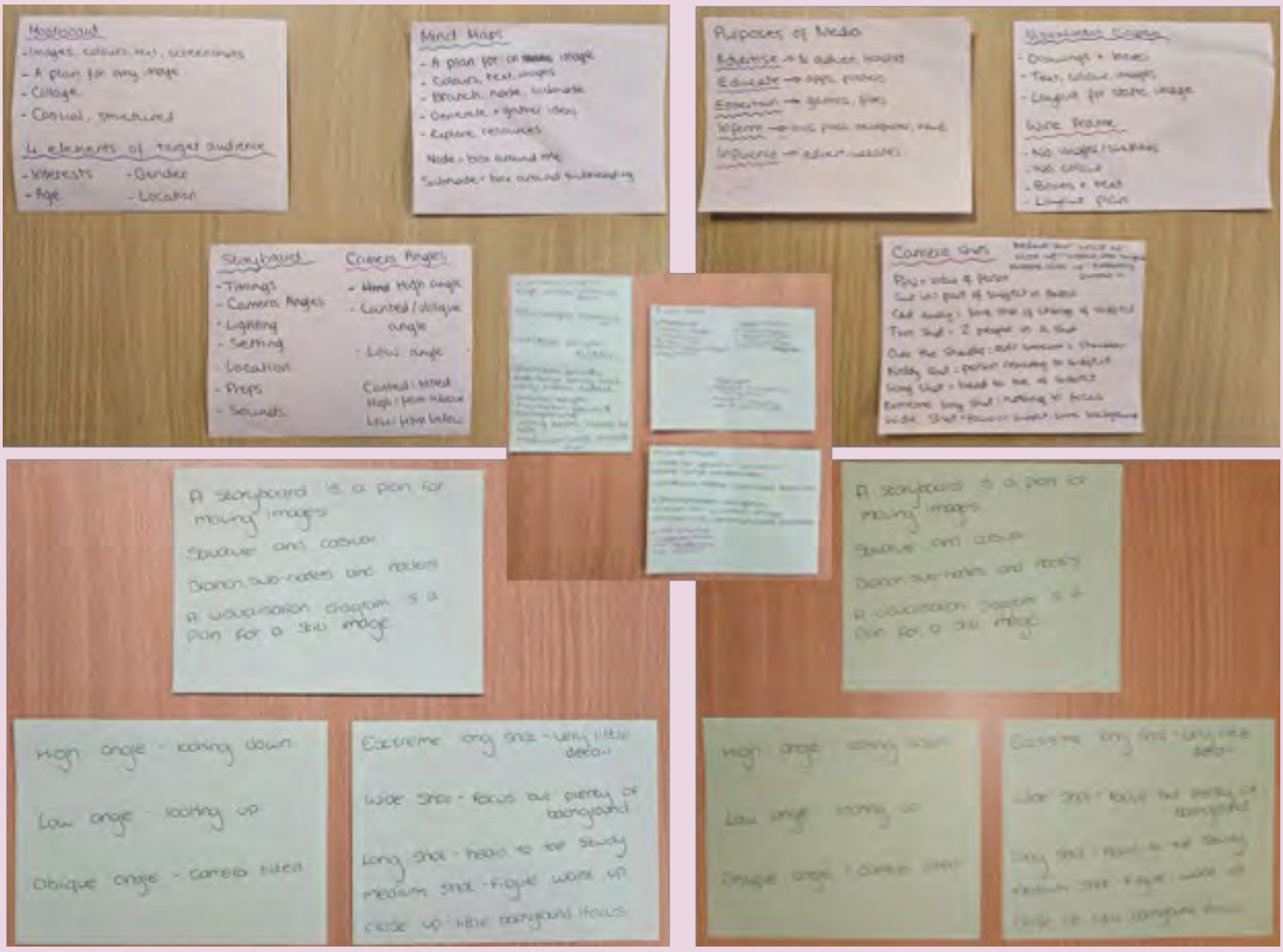
Science Technology Engineering Art Mathematics

STEAM learning refers to an educational approach that integrates Science, Technology, Engineering, Arts, and Mathematics. This interdisciplinary approach aims to foster creativity and critical thinking by allowing students to explore and solve problems across these fields. STEAM education encourages collaboration, innovation, and the development of essential skills such as problem-solving, communication, and design thinking, preparing students for the challenges of the modern world.

CONGRATULATIONS!

learning@home

Students in **Computer Science** have produced outstanding examples of home learning, in which they have focused technical principles with regards to algorithms and control processes within Flow charts involved with programming.



SCHOOL SYNERGY

Doing the right thing...Making a difference!

In order to support your child with their home learning, please regularly log into Synergy to monitor the tasks that have been set and remind your child to complete them. The home learning timetable can be viewed on our school website; this explains how much home learning your child should be set each week and the types of tasks they could be set.

If you require any further information about our home learning or how to register for Synergy, please contact the school.

Remember!

HOME LEARNING SUPPORT SESSIONS

These sessions are designed to provide extra assistance with homework, revision, and coursework completion, helping students to stay on track and succeed.

After-school sessions are held on

Monday & Tuesday from 2:50 PM to 4:00 PM in Room A28

Additionally, students can access support during lunchtime at the following locations:

Key Stage 3 students: Room A28

Key Stage 4 revision: Room A14

Coursework progression: Room G9

We encourage all students to take advantage of these opportunities to receive support and guidance to succeed.

MILLFIELD SCHOOL

Helping Your Child Think About Thinking: What Is Metacognition and Why Does It Matter?



As parents, we often ask our children, *"How was school today?"* and receive the classic, unhelpful reply: *"Fine."* We ask, *"Have you done your home learning?"* and get told, *"Yes,"* only to discover later that it was rushed in five minutes.

In education, we talk a lot about **metacognition**. It sounds like complicated educational jargon, but it is one of the most powerful tools your child can use to become a confident, independent learner.

Simply put, **metacognition is "thinking about thinking."** It is a student's ability to understand *how* they learn, recognise when they are stuck, and choose the right strategy to get unstuck.

Why Does Metacognition Matter?

Traditional studying often looks like memorising facts or rereading a textbook until your eyes cross. Metacognitive learners do something different. Instead of just working *harder*, they learn to work *smarter*. They ask themselves:

- *Do I understand this, or am I just recognising the words?*
- *What strategy worked best for me last time I had to revise this topic?*
- *Why did I get this question wrong, and how can I fix it next time?*

When students develop this self-awareness, they stop relying entirely on teachers or parents to tell them what to do next. They take ownership of their own progress.

Three Simple Ways to Build Metacognition at Home

You don't need to be an expert in your child's specific school subjects to help them build these skills. You just need to change the types of questions you ask around home learning and revision:

1. Shift from "Have you finished?" to "What's your plan?"

Before your child dives into an assignment, ask them to talk through their approach:

- *"What is this task asking you to do?"*
- *"Where do you think you might get stuck?"*
- *"What strategy are you going to try first?"(This forces them to plan before reacting).*

2. Normalise getting stuck.

When your child hits a roadblock, it's easy to want to jump in with the answer. Instead, coach them through the frustration:

- *"What have you tried so far?"*
- *"What do you already know that might help here?"*

- *"Where could you look to find a clue?" (This teaches resilience rather than helplessness).*

3. Encourage reflection after the task

Once a piece of work, test, or project is finished, look back together briefly:

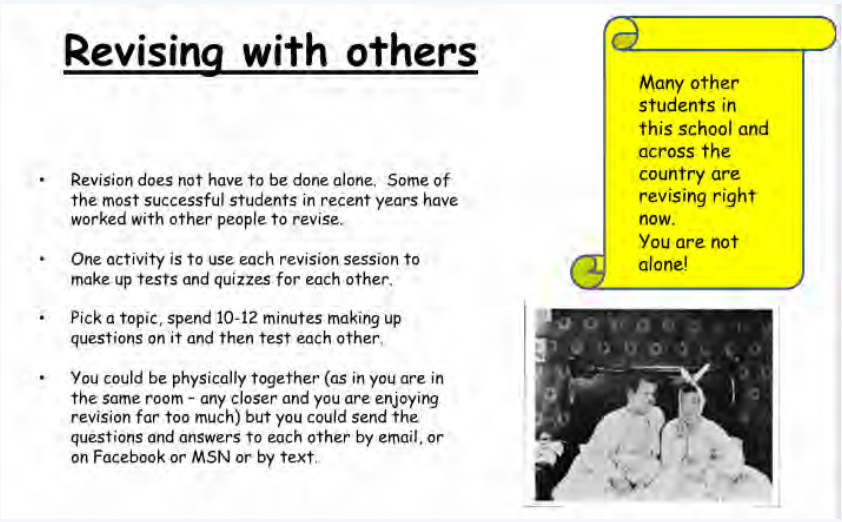
- *"What part of that was easier than you expected?"*
- *"What part was tricky, and how did you push through it?"*
- *"If you had to do this task again tomorrow, what would you do differently?" (This turns mistakes and successes into actionable lessons for the future).*

The Bottom Line

Building metacognition doesn't happen overnight—it takes practice. By helping your child pause, plan, and reflect on *how* they learn, you are giving them a skill that goes far beyond school exams and sets them up for lifelong independent problem-solving.

By embracing these innovative approaches, we are creating a learning environment that is both stimulating and effective. We believe that by equipping our students with the skills and knowledge they need to succeed, we are preparing them for a bright future.

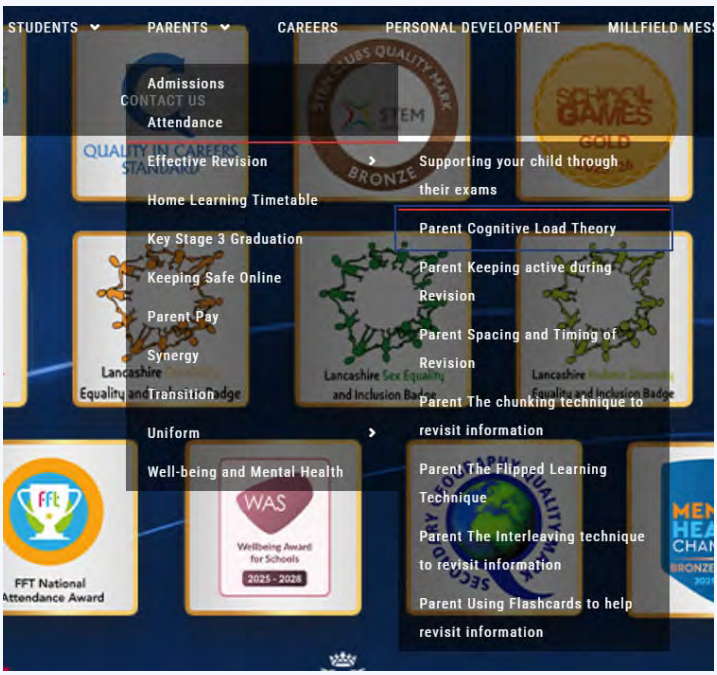
Mr Wood, Lead Practitioner: Technology, T&L



REVISION TECHNIQUES

There are many revision and home learning techniques to be found on the school website, such as 'Supporting your child through their exams', 'The chunking technique to revisit information' and 'The flipped learning technique'.





HOT CHOCOLATE WITH THE HEAD

Patrick Lillis	7 R2 EAV
Archie Senha	7 H1 LJO
Lily-Brooke Arnold	7 B2 EWA
Lorelei Veitch	7 H2 TYE
Finley Craine	7 R1 MWA
Lola Wright	7 H2 TYE

The above students have been nominated by Mrs Crook for their excellent work in MFL.

Millfield is closed on Monday 16th November for an Inset Day!





In Year 8 Art students explored the woodland theme through observational drawings of insects preserved in clear plastic. Studying the specimens closely, they focused on shape, proportion, texture and intricate details to bring their drawings to life.

In Year 9 Food technology, students have been learning the rubbing in method to make delicious short crust pastry. This will be turned into the classic quiche. Bon appetit!



We are so proud of Jake for his incredible achievement.

Well done!

HAWKS

Be Exceptional

Exceptional Achievement

We are delighted to recognise **Jake (H6)** for an exceptional achievement outside of school. Jake recently had the fantastic opportunity to travel to **Moldova to compete in the International Taekwondo Championships**, representing his club, **Total Taekwondo Preston**. Competing internationally is an incredible achievement and a fantastic experience, demonstrating Jake's **dedication, determination and commitment** to his sport.. We are incredibly proud of Jake and look forward to seeing what he achieves next!



HAWKS
AIM HIGH, FLY HIGH!

Millfield School Song – A Fantastic Premiere!

Our talented Year 7 students proudly premiered the **new Millfield School Song** at this year's Open Evening! Performing to a packed audience of prospective students and their families, our young singers created a wonderful, welcoming atmosphere and showcased the fantastic musical talent here at Millfield.



HITTING THE RIGHT NOTE!

We Celebrate Success!

House Leaderboard

BEARS	HAWKS	RHINOS	SHARKS
2544 House Points	2820 House Points	3209 House Points	3034 House Points

What an amazing start to the new half term. An incredible amount of house points has been awarded to our exceptional students.

Keep up the hard work!

Millfield School

STAR Students

Here are this week's star students, nominated by their teachers for their outstanding behaviour, effort and work.



Emily Aspinall
Oliver Barnes
William Bennett
Nicola Bromell
Ben Slack
Poppy Cox

Mrs Regan enjoyed talking with these Year 8 superstars who had been nominated by their Design Technology teachers. It was the first time any of them had won the award and it was lovely hearing them talk about school and their future plans.



Extra Curricular Activities



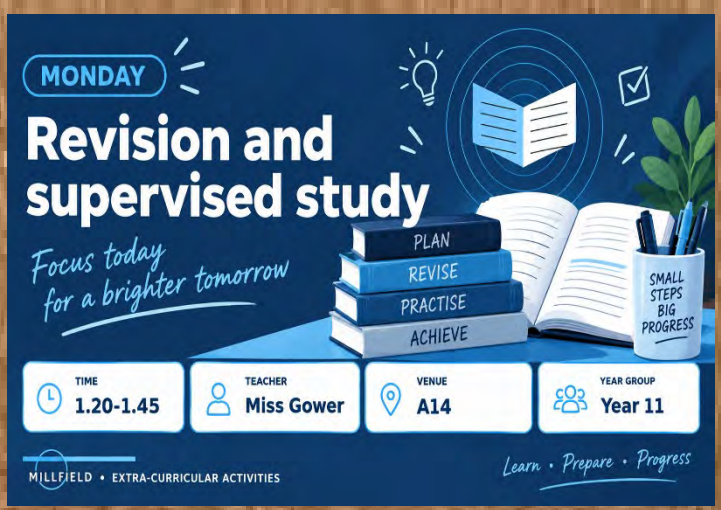










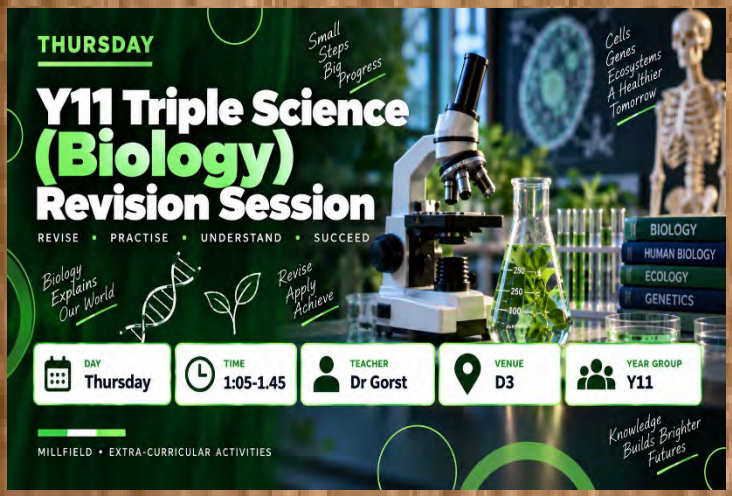


STEAM CLUBS

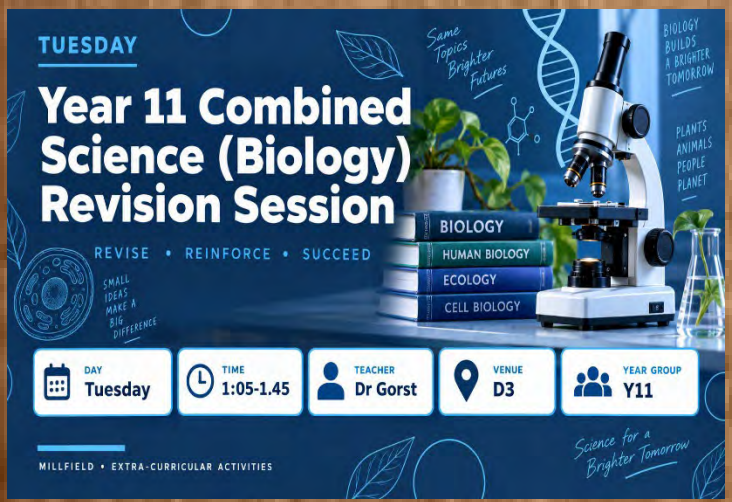

FRIDAY
Catalyst Club (Week B only)
IDEAS • EXPERIMENT • INNOVATE • MAKE A DIFFERENCE
Big Ideas Brighter Futures
Ideas Create Change
SCIENCE IDEAS PEOPLE A BRIGHTER TOMORROW
INNOVATION PROBLEM SOLVING REAL-WORLD SCIENCE LEADERSHIP CHANGE
DISCOVERY
INNOVATION
A BRIGHTER TOMORROW
Experiment Explore Solve Create
Curiosity Today Solutions Tomorrow
DAY Friday
TIME 1.10-1.45
TEACHER Mr Hutchinson
VENUE B7
YEAR GROUP Year 11
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Real Science Real Impact


TUESDAY
IT Club
CODE • CREATE • EXPLORE • TOGETHER
REAL SKILLS REAL OPPORTUNITIES
BUILD SKILLS
SHARE IDEAS
SOLVE TOGETHER
BRIGHTER FUTURES
Ideas + Code + People = Brighter Tomorrows
TECHNOLOGY
CREATIVITY
OPPORTUNITY
A BRIGHTER TOMORROW
GOOD CODE BRIGHTER PEOPLE
Plan Code Create Improve Repeat
DAY Tuesday
TIME Lunch
TEACHER Mr Tyson
VENUE A28
YEAR GROUP All Years
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Technology Builds Brighter Tomorrows


THURSDAY
Revision and Supervised Study
FOCUS • PLAN • PRACTISE • PROGRESS
Small Steps Big Progress
DISCIPLINE CREATES FREEDOM
A Quieter Space A Brighter You
REVISION SUPPORT GOOD HABITS CONFIDENCE SUCCESS
GCSE
Revision
Practice
Achieve
Prepare Practise Improve Succeed
LEARN PLAN DO GROW
Same Support Brighter Results
Plan for Success:
Review notes
Practice questions
Ask for help
Make progress
You Can Do This
GOOD IDEAS BRIGHTER TOMORROWS
Better Students Brighter Futures
DAY Thursday
TIME 1.20-1.45
TEACHER Miss Gower
VENUE A14
YEAR GROUP Year 11
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Revision Today Brighter Tomorrows


THURSDAY
Y11 Triple Science (Biology) Revision Session
REVISE • PRACTISE • UNDERSTAND • SUCCEED
Small Steps Big Progress
Cells Genes Ecosystems A Healthier Tomorrow
BIOLOGY
HUMAN BIOLOGY
ECOLOGY
GENETICS
Biology Explains Our World
Revise Apply Achieve
DAY Thursday
TIME 1:05-1.45
TEACHER Dr Gorst
VENUE D3
YEAR GROUP Y11
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Knowledge Builds Brighter Futures


MONDAY
Music Tech Club
CREATE • PRODUCE • EXPLORE • SHARE
Music Lives Here
BEATS IDEAS SOUNDS PEOPLE PROGRESS
TIME Lunch
TEACHER Mr Mitchell
VENUE A19
YEAR GROUP All years
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
GOOD MUSIC BRIGHTER PEOPLE


TUESDAY
Year 11 Combined Science (Biology) Revision Session
REVISE • REINFORCE • SUCCEED
Same Topics Brighter Futures
BIOLOGY BUILDS A BRIGHTER TOMORROW
PLANTS ANIMALS PEOPLE PLANET
BIOLOGY
HUMAN BIOLOGY
ECOLOGY
CELL BIOLOGY
SMALL IDEAS MAKE A BIG DIFFERENCE
DAY Tuesday
TIME 1:05-1.45
TEACHER Dr Gorst
VENUE D3
YEAR GROUP Y11
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Science for a Brighter Tomorrow

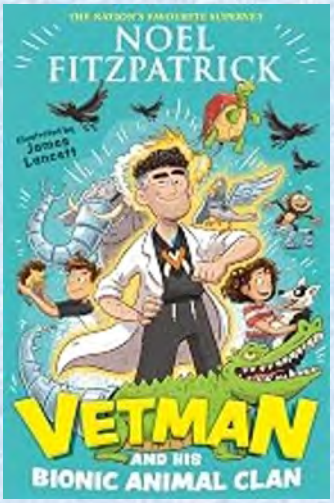

WEDNESDAY
Science Club
EXPLORE • EXPERIMENT • DISCOVER
Curiosity Today Brighter Tomorrows
IDEAS EXPERIMENTS PEOPLE A BRIGHTER TOMORROW
Science Changes Lives!
Ask Explore Experiment Discover
Small Experiments Big Ideas
DAY Wednesday
TIME 3-3.45
TEACHER Mrs McRoberts & Mrs Alden
VENUE B6
YEAR GROUP All
MILLFIELD • EXTRA-CURRICULAR ACTIVITIES
Real Science Real Possibilities

RECOMMENDED READS

"Vetman"

Week A's Library Book of the Week is "Vetman and his Bionic Clan" by Noel Fitzpatrick.

He has bionic animal friends and special healing powers. The clock is ticking and the villain has hatred in his heart. Dogs and cats across the land are in mortal danger - can he stop him before it's too late?



Vetman lives in a cottage outside a sleepy English village, where nobody realises that he's saving animals in incredible, bionic ways - except the animals themselves, of course!

But trouble is brewing... because Vetman's old foe, The Man With No Name, has set up camp nearby and plans to poison dogs and cats across the land, ruining Christmas for everyone.

When Imogen and Findlay stumble across an injured hedgehog and take him to Vetman's door, they have no idea that they are about to embark on an important mission to save more than just their spiky new friend.

Together with Vetman and his brave bionic animal clan, they must take down The Man With No Name!

This is the perfect Christmas escapade for animal and adventure lovers everywhere, in a bright, fun hardback package ideal for gifting.



This book is suitable for ages 7 - 10 years.

"The Haven"

Week B's Library Book of the Week is "The Haven" by Simon Lelic.

Alone. On the run. Ollie Turner has nowhere to hide.

But he gets a second chance. Underneath the city there's a secret organisation, far from adult eyes.

It's called the Haven.

When Ollie's pulled from his bed by masked men in the middle of the night and his guardian, Nancy, is murdered, it's only thanks to the help of street kid Dodge that he survives.

Dodge takes Ollie to The Haven: a secret refuge for kids with nowhere else to go. Run by the children themselves, The Haven helps get lost or homeless kids off the streets and give them a new start.



Ollie's desperate to find out why Nancy was murdered, but the Haven has other priorities: kids from the city's gangs are going missing. Who's taking them? And why? Quickly sucked into the investigation, Ollie joins his new friends as they uncover a terrifying plot by mob boss Maddy Sikes. Not just the kids' lives, but the whole of London is at stake

A well-layered action thriller, this is perfect for readers who enjoy a tense story packed with life-threatening danger. A number of different threads run through it that the author very cleverly pulls together in the dramatic finale.

This book is suitable for ages 9 years and over.
Book 1 in a series of 3.

Christmas Hamper Appeal 2026



This year, we are running a Christmas appeal to support our Millfield community during the festive season and we need your help!

We are collecting toiletries, clothing, dry food, tins and chocolate boxes.

Please can all donations be given to any Head of House by Friday 4th December,

Every item makes a difference!


IS THIS CLEAR ENOUGH?
Zig Zag lines outside schools are there to protect YOUR children.
Please help us keep everyone safe by ensuring that you park safely.
A few parents continue to park illegally and it is putting students in unnecessary danger.
The turning circle should not be used at the end of the day unless it has been agreed with school.